RASHID LATIF MEDICAL COLLEGE

CATALYST OF RLMC

THE AIM OF THIS NEWSLETTER IS TO INFORM, ENGAGE, AND UPDATE ITS AUDIENCE ON RELEVANT NEWS, INSIGHTS, AND DEVELOPMENTS.

MAY - AUG 2026
VOL. 02, ISSUE - 2

EDITORIAL BOARD

PROF. TAHIR MASOOD AHMAD
PATRON

PROF. MUDASSAR ALI
EDITOR-IN-CHIEF

PROF. TAZEEM SHAHBAZ
MANAGING EDITOR

ASSOCIATE EDITORS:

PROF. SHAHID IMRAN ALI
PROF. SADIA QURESHI
(IN-CHARGE OF FACULTY ACTIVITIES)

PROF. ABUL FAZAL ALI
DR. KAINAT JAVED
(IN-CHARGE OF STUDENTS ACTIVITIES)

COMPOSING EDITOR:

MR. MUHAMMAD NADEEM

catalyst@rlmc.edu.pk
www.https://rlmc.edu.pk/

ACADEMIC COUNCIL

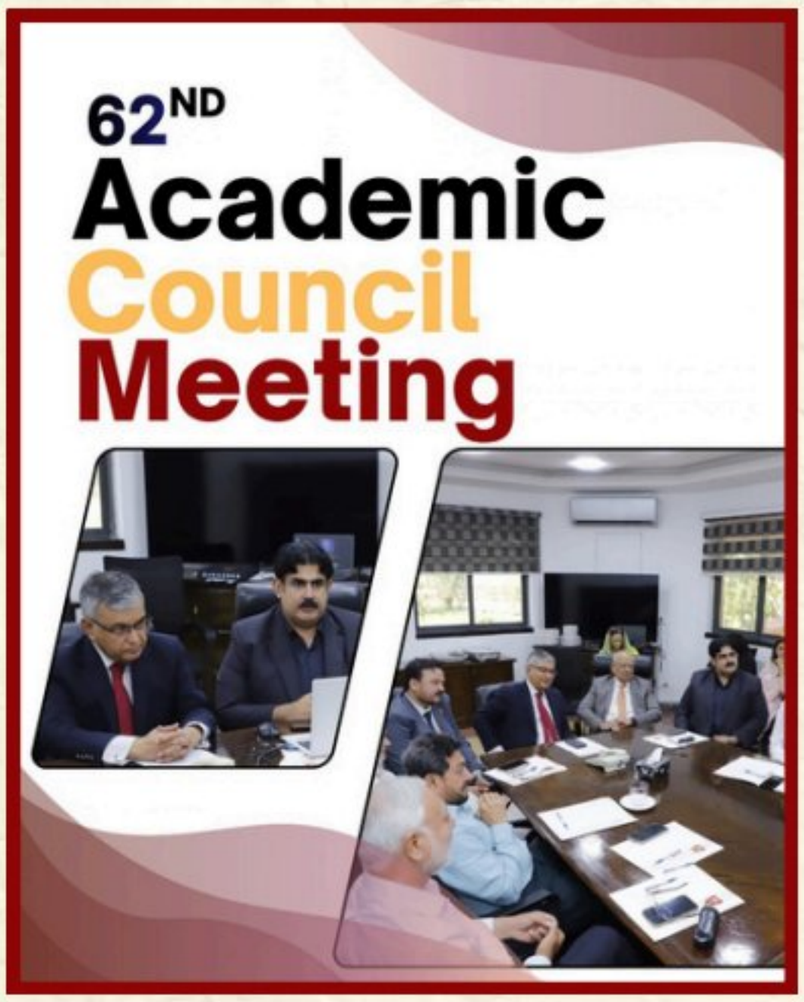
62TH ACADEMIC COUNCIL MEETING

The 62nd Academic Council Meeting of Rashid Latif Medical College (RLMC) was held on 19th May 2026 at 10:00 am in the Conference Room of RLMC. The meeting focused on important academic, clinical training, student development, and institutional initiatives.

The following key agendas were discussed:

1. UHS Professional Results – Review and discussion of professional examination results and academic performance.
2. RLMC International Clinical Excellence Programme – Discussion on strengthening clinical learning through exposure to international clinical expertise.
3. Electives at Arif Memorial Teaching Hospital – Consideration of clinical elective opportunities for students at Arif Memorial Teaching Hospital.
4. 3rd International Integrated STUCON 2026 – Planning and academic coordination for the upcoming international student conference.
5. M.Phil. Programme in Basic Sciences – Discussion regarding the M.Phil. programme and postgraduate academic development.
6. Induction of House Officers – Discussion on the induction and academic/clinical orientation of newly appointed house officers.

The meeting reflected RLMC's continued focus on academic excellence, clinical training, research and innovation, postgraduate education, and professional development of students and trainees.





Productive discussions, collaborative planning, and a shared commitment to academic excellence marked the 62nd Academic Council Meeting of Rashid Latif Medical College.






Productive discussions, collaborative planning, and a shared commitment to academic excellence marked the 62nd Academic Council Meeting of Rashid Latif Medical College.

PROUD MOMENT FOR RASHID LATIF MEDICAL COLLEGE

HESP LOGO LAUNCH CEREMONY

The launch ceremony of the Health & Education Summit and Expo Pakistan 2026 was successfully held under the umbrella of the Rashid Latif Khan Group. The event marked the formal commencement of a national initiative designed to foster collaboration among the health, education, industry, and policy sectors for sustainable development in Pakistan.

The ceremony was graced by Prof. Dr. Niaz Ahmed Akhtar, Chairman, Higher Education Commission (HEC), Pakistan, as the Chief Guest.

In his address, he appreciated the initiative and emphasized the importance of strengthening education, research, innovation, and human capital development to support national progress.

The event was held under the leadership of Prof. Dr. Rashid Latif Khan, Chairman, RLK Group, and Mrs. Sabahat Khan, CEO, RLK Group and Prof. Dr. Saeed ul Hassan Chishti, Pro Vice Chancellor, RLKU. It was attended by members of the Board of Directors RLK Group, Dr. Ayaz Qaiser Registrar RLKU, senior faculty, administrators, and staff of the group institutions.Distinguished guests included Mr. Nasir Shah, Director General, HEC, Mr. Javed Laghari, Head Regional Office HEC Lahore, Mr. Murtaza Noor, Prof. Dr. Kamran Mujahid, CEO, Hamid Latif Hospital, and the Principal of Rashid Latif Khan Medical College, along with leading academicians, healthcare professionals, and industry representatives.

The ceremony concluded with a collective commitment to the successful execution of the main Health & Education Summit and Expo Pakistan 2026, scheduled for 29 August 2026, bringing together national and international stakeholders for meaningful collaboration and knowledge exchange.














HEALTH & EDUCATION SUMMIT PAKISTAN (HESP) 2026

FOCUS GROUP DISCUSSION – MEDICAL STREAM (SESSION-I)

Under the RLKU Health & Education Summit Pakistan (HESP) 2026, Rashid Latif Medical College (RLMC) successfully conducted the First Focus Group Discussion (Medical Stream) on the theme:
"Mapping Pakistan's Healthcare & Health Professions Education Landscape: Contributions, Capacity & National Potential."

The session brought together eminent experts from the public and private sectors, fostering meaningful dialogue and the exchange of evidence-informed perspectives.

Their valuable recommendations will contribute to shaping the HESP 2026 policy framework and strengthening the future of healthcare and health professions education in Pakistan.

We extend our sincere gratitude to our distinguished participants:
Prof. Tipu Sultan, Prof. Naseer, Prof. Shahid Sethi, Prof. Mahwish Arooj, Prof. Zahid, Prof. Zohra Khanum, Dr. Wali, Prof. Saima Rafique, Prof. Jamshed, and Dr. Mehwish Zafar for their invaluable insights and contributions.
Together, we are shaping the future of healthcare and health professions education in Pakistan.



























HEALTH & EDUCATION SUMMIT PAKISTAN (HESP) 2026

FOCUS GROUP DISCUSSION – MEDICAL STREAM (SESSION-II)

Rashid Latif Medical College proudly hosted Medical Stream Focus Group Discussion – Session 2 as part of the RLK Health Education Summit Pakistan – National Policy Dialogue on Healthcare & Health Professions Education.

The session brought together distinguished experts from academia, regulatory bodies, government, healthcare institutions, professional organisations & international partners to discuss key priorities including competency-based education, workforce development, governance, quality assurance, accreditation, licensing, regulation & global collaboration.

A meaningful dialogue towards building a stronger, more responsive & future-ready healthcare and medical education system in Pakistan. We sincerely appreciate all esteemed participants for their valuable insights and commitment to shaping the future of healthcare.
















HEALTH & EDUCATION SUMMIT PAKISTAN (HESP) 2026

FOCUS GROUP DISCUSSION – MEDICAL STREAM (SESSION-III)

ocus Group 3 of HESP 2026 was successfully conducted at King Edward Medical University under the theme: "Designing Solutions: Building a Competitive, Sustainable & Globally Connected Healthcare and Health Professions Education System."

The session brought together distinguished experts and stakeholders for insightful discussions & collaborative solutions aimed at strengthening the future of healthcare and health professions education in Pakistan.



Together, we continue to shape a system that is future-ready, globally connected & committed to excellence.

















HEALTH & EDUCATION SUMMIT AND EXPO PAKISTAN

HESP • 2026
HEALTH AND EDUCATION
SUMMIT & EXPO PAKISTAN

POWERED BY RASHID LATIF KHAN GROUP

As part of the RLK 2026 initiative, a series of awareness sessions were organized across communities and educational campuses to promote dialogue, strengthen public understanding, and encourage meaningful participation around key social, educational, and development priorities.



These engagements were complemented by focused Think Tank Sessions that brought together academics, researchers, practitioners, students, community representatives, and other relevant stakeholders.

Together, these activities created a structured platform for listening to diverse perspectives, identifying emerging challenges, discussing practical solutions, and translating community and institutional insights into priorities for the HESP policy agenda.

The initiative emphasized an inclusive, evidence-informed, and participatory approach, recognizing that effective policy development requires engagement not only at the institutional level but also with the communities and young people directly affected by policy decisions.



















3ND INTERNATIONAL STUCON 2026

CHIEF GUEST / GUEST OF HONORS / JUDGES OF STUCON 2026

Rashid Latif Medical College (RLMC) proudly hosted the 3rd International Student Conference (STUCON) 2026, bringing together medical students, healthcare professionals, academicians, researchers, and distinguished guests from across Pakistan. The conference was organized under the theme “From Global Health Challenges to Local Action: What Can a Medical Student Do?”

The ceremony was further honoured by the presence of a distinguished gathering of academic, healthcare, research, and public-sector leaders.



H.E Dr. Zubair Mohammad Hamadallah Zaif, Ambassador of Paledtine



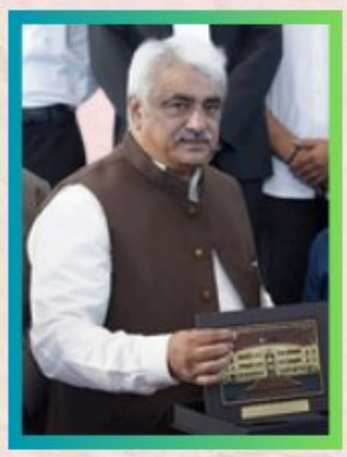
H.E Mr. Rongvudhi Virabut, Ambassador of Thialand



Dr. Musadik Masood Malik Federal Minister for Environmental



Mr. Malik Muhammad Ahmad Khan Speaker Punjab Assembly



Mr. Khawaja Salman Rafique Minister for Specialized Healthcare & Medical Education, Punjab



Ch. Muhammad Ilyas Khan Gujjar Chairperson, Standing Committee on Health, Punjab

The ceremony was also attended by the leadership of RLMC, including Prof. Rashid Latif Khan, Chairman, Ms. Sabahat Khan, CEO, Prof. Farrukh Zaman, Dean, Prof. Dr. Tahir Masood Ahmed, Principal RLMC, and Prof. Dr. Mudassar Ali, Vice Principal.

Their presence reflected the institution’s continued commitment to promoting academic excellence, research, innovation, leadership, and professional development.

The Guest of Honor participated in the opening ceremony and extended support to the conference's vision of empowering medical students through research, collaboration, leadership, and meaningful engagement with contemporary health challenges. The participation highlighted the importance of providing students with platforms to exchange ideas, present research, develop professional networks, and translate academic knowledge into practical solutions.



Prof. Dr. Abrar Ashraf
Dean of Allied Health Sciences,
Chairman of Surgery Department
King Edward Medical University



Prof. Dr. Sadaf Yousaf
Head of Emergency Medicine Department, Central Park Medical College, Lahore



Prof. Dr. Abul Fazal Ali Khan
Ex- Professor & Head of Surgery Department,
Rashid Latif Medical College, Lahore



Prof. Dr. Shahid Mehmood
Professor of Public Health
University of Health Sciences (UHS), Lahore.

3ND INTERNATIONAL STUCON 2026

CHIEF GUEST / GUEST OF HONORS / JUDGES OF STUCON 2026

The 3rd International STUCON 2026 provided a vibrant platform for research dissemination, academic exchange, networking, innovation, and student-led action, bringing together diverse perspectives from medical education, healthcare, nursing, allied health sciences, biotechnology, research, and public-sector leadership.

The participation of distinguished national leaders, senior healthcare professionals, academicians, researchers, and institutional representatives further strengthened the academic significance of the conference and reinforced RLMC's commitment to fostering a culture of research, innovation, collaboration, and academic excellence among future healthcare professionals.



Prof.Qurratulain Amir
Prof. of Anatomy
Rahbar Medical & Dental College, Lahore



Dr. Usman Ahmad
Associate Professor of Neurosurgery
(PINS), Lahore



Dr. Zeeshan Wadood
HOD of Allied Health & Molecular Sciences
Lahore Garrison University



Prof. Dr. Rashid Usman
Vascular Surgeon
CMH Lahore



Prof. Dr. Saman Shahid
Head Research Lab.
Department of Science & Humanities
FAST-NU Lahore



Prof. Sarfraz Masih
Principal, Lahore School of Nursing
The University of Lahore



Ms. Amtul Inayat
Deputy Nursing Superintendent,
Children Hospital Lahore.



Prof. Dr. Arham Nawaz
Professor of Peadiatric Dentistry
CMH , Lahore



Prof. Dr. Zaheer Akhtar
HOD Pulmonology
Al-Aleem Medical College
Gulab Devi Teaching Hospital, Lahore.



Dr. Samiah Shahid
Director Research Centre for Health Sciences (RCHS)
The University of Lahore



Dr. Talha Shabbir
Punjab Institute of Neurosciences (PINS)
Lahore General Hospital,



Dr. Muhammad Naveed
Professor of Biotechnology
University of Central Punjab
Lahore



Dr. Alishba
Ameer ud Din Medical College



Dr. Shazia Tufail
Associate Professor
Allama Iqbal Medical College, Lahore



Dr. Shazia Siddique
Assistant Professor
Internal Medicine,
King Edward Medical University, Lahore

3RD INTERNATIONAL STUCON2026

CHIEF GUEST / GUEST OF HONORS / JUDGES OF STUCON 2026

The 3rd International StuCon 2026, organized by Rashid Latif Medical College (RLMC), was held from 24th to 27th August 2026. Distinguished academicians, medical professionals, industry experts, and social-sector leaders participated in various activities as Judges and Guests of Honor.

- On 24th August, the Intercollegiate Role Play was judged by Prof. Naghmana Latif (FJMU), Prof. Anila Jaleel (Shalamar Medical College), Prof. Amina Tahir (Allama Iqbal Medical College), and Prof. Muhammad Shoaib (KEMU).
- On 26th August, the Pre-Conference Workshop was graced by Prof. Attia Mubarak (Ex-Principal, Gujranwala Medical College), Prof. Tassaduq Hussain Sheikh (CPMC), Prof. Ambreen Tauseef (CMH), and Prof. Muhammad Shakil (KEMU) as Guests of Honor.
- On 27th August, the Pitch Perfect competition featured a distinguished judging panel comprising Mr. Malik Naeem Akram, Mr. Syed Omar Sharif Bokhari, Mr. Raheel Rahman, Ms. Tabinda Islam, and Mr. Abid Malik, representing diverse fields including technology, entrepreneurship, social development, and business.
- The Mind Merge event on the same day was supported by Prof. Ambreen Anjum (Al Aleem Medical College) and Prof. Zaima Ali (LMDC) as Judges and Guests of Honor.

The participation of these distinguished personalities added significant academic, professional, and practical value to StuCon 2026. Their expert evaluation, guidance, and interaction with students contributed to promoting critical thinking, creativity, communication skills, leadership, teamwork, and professional development among the participants.

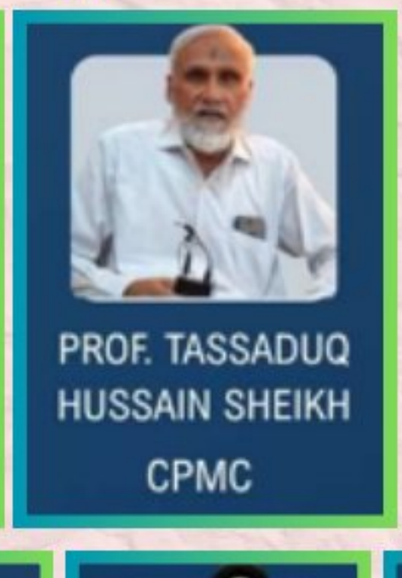








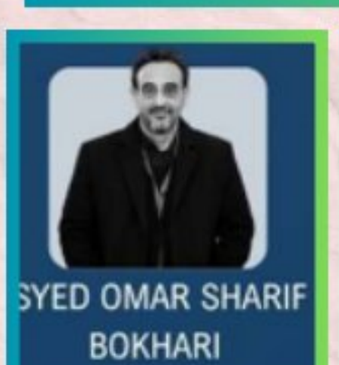








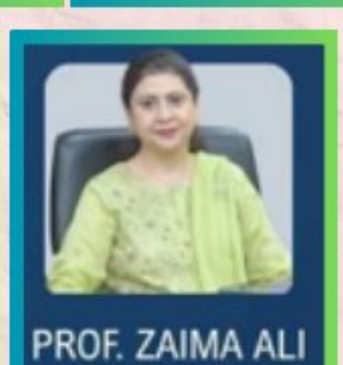


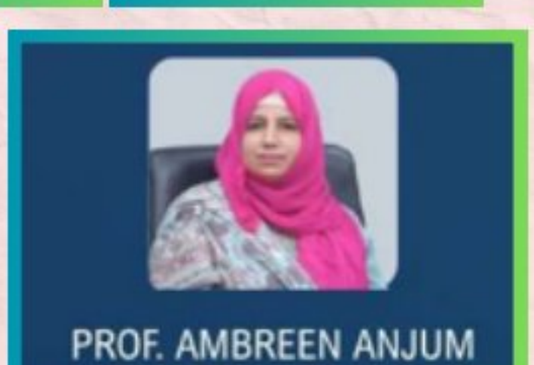












3ND INTERNATIONAL STUCON 2026

OPENING CEREMONY

Rashid Latif Medical College proudly inaugurated the 3rd International Student Conference (STUCON) 2026, bringing together aspiring healthcare professionals, academicians, researchers & students from across Pakistan and beyond.

The Opening Ceremony was graced by the esteemed Speaker Punjab Assembly, Malik Muhammad Ahmad Khan, as the Guest Speaker, who inspired the young medical community with his valuable insights on research, innovation, leadership & the role of future healthcare professionals in addressing global health challenges.

The ceremony was also honoured by the presence of Prof. Tahir Masood Ahmed, Principal RLMC; Prof. Mudassar Ali, Vice Principal; Ms. Sabahat Khan, CEO; Prof. Rashid Latif Khan, Chairman; and Prof. Farrukh Zaman, Dean, whose leadership and support continue to foster a culture of excellence, innovation & academic growth at RLMC.

With the theme “From Global Health Challenges to Local Action: What Can a Medical Student Do?”, STUCON 2026 sets the stage for meaningful dialogue, research, collaboration & student-led action towards a healthier future.

This was followed by the opening address delivered by Prof. Dr. Tahir Masood, who welcomed the
participants and outlined the vision and objectives of this year's conference.









3ND INTERNATIONAL STUCON 2026

OPENING CEREMONY

The ceremony was further honored by remarks from the International Ambassadors of Palestine and Thailand, His Excellency Dr. Zuhair Mohammad Hamdallah Zaid and His Excellency Mr. Rongvudhi Virabutr respectively, whose presence underscored the conference's growing international stature and its role in strengthening academic and diplomatic ties across borders.

The Patron-in-Chief, Prof. Dr. Rashid Latif Khan, then graced the occasionwith his address, reflecting on the institution's legacy and its enduring dedication to academic and research excellence.

The highlight of the ceremony was the address by the Chief Guest, Speaker of the Punjab Assembly, Malik Muhammad Ahmed Khan, who commended the students for their dedication to research and innovation and encouraged them to continue contributing meaningfully to their fields.

The opening ceremony concluded with a shield distribution ceremony, in which shields of appreciation were presented to the Chief Guests, Chief Organizers, Prof. Dr. Mudassar Ali, Prof. Dr. Sadia Qureshi & Dr. Kainat Javed, Heads of all participating institutes, and the Conference Secretary, M. Saad Ikram, in recognition of their invaluable contributions to the success of the event.





3RD INTERNATIONAL STUCON2026

Once again brought together scholars, researchers, and students from a diverse range of institutions to celebrate academic excellence, research, and innovation. Building on the success of its predecessors, this edition of the conference reaffirmed RLMC's commitment to fostering a cultureof scholarly inquiry and international collaboration.









3RD INTERNATIONAL STUCON2026

INTERNATIONAL SPEAKERS

The 3rd International Student Conference (StuCon) 2026, organized by Rashid Latif Medical College (RLMC) in collaboration with Rashid Latif Khan University (RLKU), was greatly honored by the participation of distinguished international speakers and facilitators from diverse academic, clinical, research, and professional backgrounds.

The conference welcomed international representation and professional affiliations spanning Canada, the United Kingdom, the United States of America, Malaysia, Georgia, and Spain, adding a strong global dimension to the event.

The distinguished international speakers and facilitators included:

- Dr. Muhammad Burhan Tahir – Wilfrid Laurier University, Canada
- Dr. Zakaria Garara – Darlington Memorial Hospital, United Kingdom
- Dr. Marva Javed – Michigan State University, United States of America
- Dr. Taimoor Asif – Psychiatry Trainee, London, United Kingdom
- Dr. Mahtab Zafar – Professional affiliations across Pakistan, USA, UK, Malaysia, and Georgia
- Dr. Hadi Chishti – Acute Medicine Trainee, North East England, United Kingdom
- Dr. Zia ul Haq – AstraZeneca, Barcelona-Catalonia, Spain
- Dr. Mishaal Iftikhar – Clinical Fellow in Internal Medicine, NHS England, United Kingdom
- Dr. Zubaida – Portsmouth NHS Trust, Queen Alexandra Hospital, United Kingdom

Their participation was a great honor for RLMC and significantly enriched the academic environment of the conference. Through their expertise and international experience, the speakers contributed to knowledge exchange, professional interaction, and exposure to global perspectives in healthcare, medical education, research, and related fields.

The international participation also reinforced the theme of the 3rd International StuCon 2026, “Global Health Challenges and Local Solutions,” by connecting students and faculty with professionals working across different healthcare and academic systems worldwide.

The presence of these international experts reflects RLMC’s commitment to academic excellence, global engagement, international collaboration, research, and student-centered learning, further strengthening StuCon as a platform for meaningful academic and professional exchange.



3RD INTERNATIONAL STUCON2026

PRE-CONFERENCE WORKSHOPS

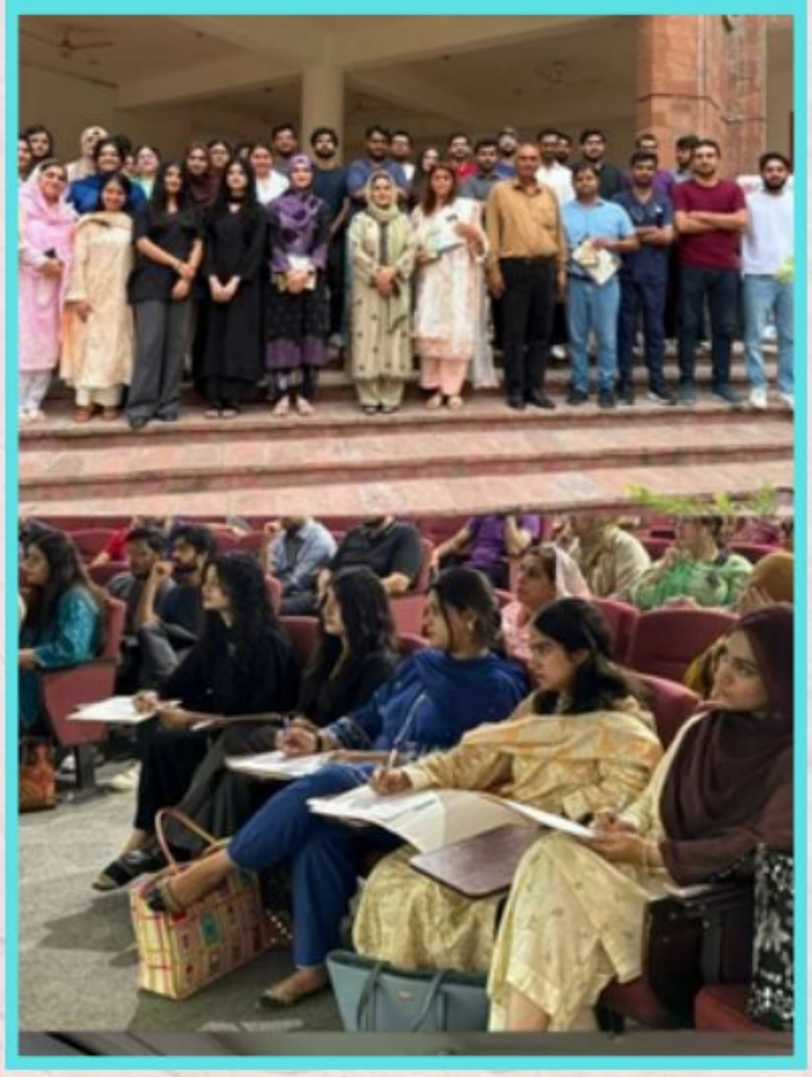
A major highlight of the 3rd International STUCON 2026 was the successful hosting of an impressive series of more than 54 Pre-Conference Workshops, organized under the banner of the RLK Group of Institutions.

These workshops covered a wide range of disciplines, reflecting the multidisciplinary nature of STUCON and the Group's commitment to academic excellence, professional development, and innovation. Every specialty actively contributed by conducting specialized workshops, offering participants a unique opportunity to gain hands-on experience, enhance their skills, and engage with experts.

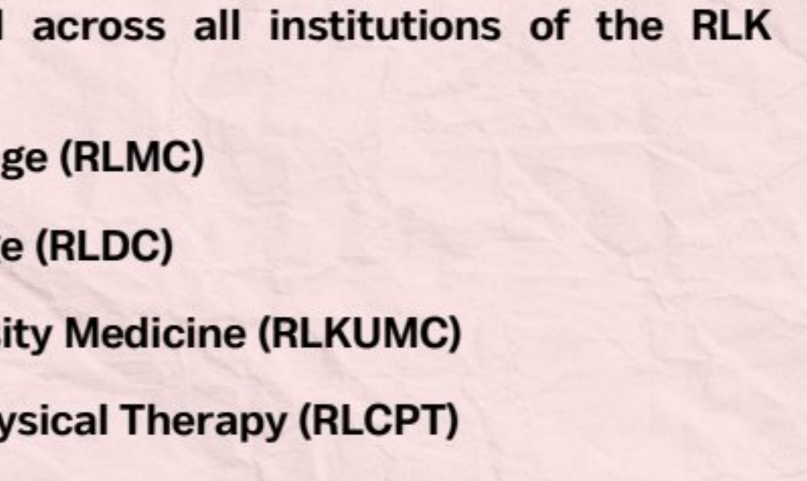
Workshops were conducted across all institutions of the RLK Group, including:

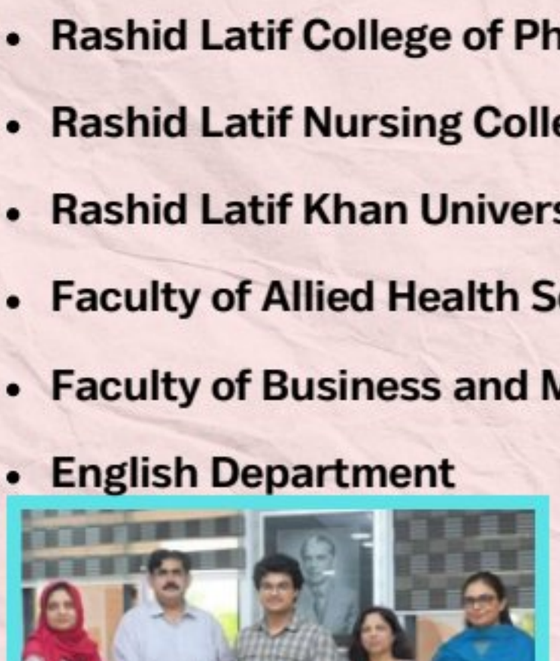
- Rashid Latif Medical College (RLMC)
- Rashid Latif Dental College (RLDC)
- Rashid Latif Khan University Medicine (RLKUMC)
- Rashid Latif College of Physical Therapy (RLCPT)
- Rashid Latif College of Pharmacy (RLCP)
- Rashid Latif Nursing College (RLNC)
- Rashid Latif Khan University (RLKU)
- Faculty of Allied Health Sciences
- Faculty of Business and Management Sciences
- English Department















3RD INTERNATIONAL STUCON 2026

PRE CONFERENCE WORKSHOP

Pre-Conference Workshop “Essentials of Trauma Management”, organized by the Department of Surgery of Rashid Latif Medical College, was successfully conducted as part of the 3rd International STUCON 2026.

The workshop provided an excellent opportunity for participants to strengthen their knowledge and practical skills in trauma management, with valuable guidance from Prof. Faheem Rao & Prof. Ghulam Shabbir, supported by co-facilitators Minahil Fatima & Parisa Mahmood.









3RD INTERNATIONAL STUCON 2026

PRE CONFERENCE WORKSHOP

The Pre-Conference Workshop "Journey from Gross to Microscopic World" was successfully conducted by the Department of Anatomy of Rashid Latif Medical College as part of 3rd International STUCON 2026.

The workshop provided an engaging exploration of anatomy from the gross to microscopic level, fostering practical learning & deeper understanding among participants.

A sincere appreciation to our distinguished Guest of Honors Prof.Attiya Mubarak (Ex- Principal Gujranwala Medical College & Currently working at Rahbar Medical & Dental College) & Prof.Tassaduq Hussain Sheikh, Facilitator & Co-Facilitators for their valuable contributions & to all participants for making the session a success.













3RD INTERNATIONAL STUCON 2026

PRE CONFERENCE WORKSHOP

As part of the 3rd International STUCON 2026, Rashid Latif Medical College (RLMC), in collaboration with Rashid Latif Khan University (RLKU), organized a Pre-Conference Workshop titled "Basics of Medical Research" on 13 August 2026. Organized by the Department of Community Medicine & Public Health & Research Cell, the workshop aimed to strengthen participants' understanding of research methodology, study design, literature review, research ethics, and evidence-based practice.

The session was facilitated by Prof. Dr. Syma Arshad, Professor, Department of Community Medicine and Assistant Director, Research Cell, with support from Mr. M. Saad Ikram (4th Year MBBS) and Mr. Ahmad Attiq Ul Rehman, (Biostatistician Research Cell) as Facilitator and Ms. Sarah Nazir and Ms. Amna Azhar (2nd Year MBBS) as Co-Facilitators.

















PRE-CONFERENCE WORKSHOPS

SCIENTIFIC SESSION

The Scientific Sessions of the 3rd International Integrated StuCon'26 featured both Oral and Poster Presentations, providing participants with a dynamic platform to present their research, share scientific knowledge, exchange ideas, and engage in meaningful academic discourse across diverse disciplines.

This year, the conference received an impressive 203 abstracts, reflecting the growing enthusiasm for research, innovation, and academic excellence among students. The abstracts represented a broad range of disciplines, with 67 from MBBS, 35 from Pharmacy, 30 from BDS, 23 from Nursing, 19 from DPT, 10 from Allied Health Sciences (AHS), 10 from Physiological & Biological Sciences, and 9 from Psychology.

The strong multidisciplinary participation not only enriched the scientific sessions but also encouraged cross-disciplinary learning and collaboration, bringing together students from various healthcare and biological sciences backgrounds.

The remarkable response further strengthened the scientific component of StuCon'26, highlighting its expanding reach as a platform for student-led research, scholarly exchange, and the dissemination of emerging scientific knowledge.



PRE-CONFERENCE WORKSHOPS

ORAL PRESENTATION

The Oral Presentations of StuCon'26 were divided into three major categories: Surgery & Allied Sciences and Artificial Intelligence, Medicine & Allied Sciences, and Basic Sciences & Public Health. Students and faculty from various medical institutions participated, creating a diverse and engaging academic environment.

SURGERY & ALLIED SCIENCES AND ARTIFICIAL INTELLIGENCE

The session was held on 28 August 2026 at LH-3, Rashid Latif Medical College,and was chaired by Dr. Abul Fazal Ali Khan, with Dr. Maham Janjua as Co-Chair. Prof. Dr. Rashid Usman was also present. Maheel and Pareesa servedas Facilitators, Aliza as Co-Facilitator, and Sharmeen and Yumna as Moderators.

The presentations covered rare surgical conditions, oncology, antenatal health, and the emerging role of Artificial Intelligence in healthcare. Notable presentations included a rare intramuscular hydatid cyst of the thigh, recurrent spindlecell carcinoma, AI applications in predicting neuropsychiatric disorders through the gut-brain axis, and medical conditions among antenatal patients.

The presentation on the Gut-Brain Axis and Artificial Intelligence by Prof. Dr. Saman Shahid from NUCES was particularly appreciated for its preparation, depth, and delivery. The session concluded with Syeda Minahil Fatima and Eesha Sultan from Al-Aleem Medical College securing First Position.







PRE-CONFERENCE WORKSHOPS

ORAL PRESENTATION

MEDICINE & ALLIED SCIENCES

The Medicine & Allied Sciencessession was held at LH-1 and chaired by Prof.Zaheer Akhtar, with Dr. Shazia Siddiqi as Co-Chair. The session was supervised by Dr. Asma Kazi and Prof. Anjum Butt, while Prof. Sadaf Yousaf led the judging panel.

Participants presented research on a variety of clinical topics, including acute coronary syndrome, allergic rhinitis, GLP-1 agonists, ARNI therapy, atherogenic lipids, oesophageal cancer,and Hodgkin lymphoma. The presentations were followed by question-and-answer sessions, allowing judges to assess participants' understanding and provide feedback on research methodology and presentation skills.

The results were announced at the end of the session, with Bilal Naeem from Sialkot Medical College securing First Position, Muhammad Ahmed from Rashid Latif Medical College Second Position, and Kashf Younas from Bakhtawar Amin Medical College, Multan, Third Position.











PRE-CONFERENCE WORKSHOPS

ORAL PRESENTATION

BASIC SCIENCES & PUBLIC HEALTH

The Basic Sciences & Public Health session was conducted at LH-2 and chaired by Prof. Dr. Quran Ul Ain Amir, with Prof. Dr. Shahid Mahmood Sethi also present. Dr. Usman Ahmad Kamboh served as judge. Prof. Sofia oversaw the session, while Bushra Shaukat served as Facilitator, Areeha Ashraf as Co-Facilitator, and Noor Fatima as Moderator.

The session featured research related to sleep and academic performance, Artificial Intelligence in medical education, postnatal care, mortality trends, noncommunicable diseases, lymphoma, and other public health concerns. Judges actively engaged with participants and encouraged students to focus more on research they had conducted themselves, emphasizing independent researchskills and ownershipof academic work.

After evaluation and compilation of scores, M. Umar Imtiaz was declared Winner, Haadia Rab Nawaz and Serene Khan secured Runner-up, and Izzat Amir received Third Place.

Overall, the Day 1 oral presentations provided students with an opportunity to present their work, respond to expert questions, and gain valuable feedback. The variety of topics and participation from multiple institutions contributed to a productive and collaborative academic experience.







The Oral Presentation sessions for the Dental, Pharmacy, Nursing, Physiological & Biological Sciences, Allied Health Sciences (AHS), and Doctor of Physical Therapy (DPT) departments were also conducted. The sessions featuredhighly talented and well-prepared studentswho delivered high-quality presentations on a diverse range of topics. The presentations were informative and insightful, reflecting the students' strong academic knowledge, research skills, and confidence in scientific communication.







PRE-CONFERENCE WORKSHOPS

ORAL PRESENTATION

RASHID LATIF COLLEGE OF PHARMACY

At the 3rd International StuCon 2026, students presented their research projects in the Pharmacy category, showcasing their knowledge, research skills, and understanding of contemporary issues in pharmaceutical sciences. The presentations reflected students' efforts to explore evidence-based solutions and contribute to advancements in healthcare and pharmacy practice.





DPT & ALLIED HEALTH SCIENCES

At the 3rd International StuCon 2026, students presented their research projects in the Physical Therapy category, showcasing their knowledge, research skills, and understanding of contemporary issues in pharmaceutical sciences. The presentations reflected students' efforts to explore evidence-based solutions and contribute to advancements in healthcare practice.

The activity also provided students with a platform to present their findings, exchange ideas, and receive academic feedback, fostering confidence in scientific communication and encouraging further engagement in research and innovation within physical therapy.













PRE-CONFERENCE WORKSHOPS

ORAL PRESENTATION

NURSING COLLEGE

At the 3rd International StuCon 2026, students presented their research projects in the Nursing category, demonstrating their academic knowledge, research skills, and understanding of contemporary issues in nursing and healthcare.

The presentations addressed relevant areas of nursing practice, patient care, health promotion, and clinical challenges, reflecting students' efforts to apply research knowledge to real-world healthcare settings.





The activity provided students with an opportunity to present their findings, exchange ideas, and engage in academic discussions with faculty members, researchers, and fellow participants.

The presentations highlighted students' commitment to evidence-based practice and their efforts to develop practical, research-informed approaches aimed at improving nursing care, patient safety, and healthcare outcomes.





PRE-CONFERENCE WORKSHOPS

POSTER PRESENTATION

The Poster Presentation at StuCon'26 was a vibrant and intellectually engaging component of the conference, bringing together medical students and young researchers from multiple institutions.



With a total of 102 abstracts submitted, the event reflected a strong interest in research, academic discussion, and innovation among the participating students.

Following a comprehensive abstract review process, selected research projects were presented in poster format, covering a diverse range of topics across medicine, surgery, public health, artificial intelligence, nutrition, systematic reviews, and other areas of healthcare and medical research.



Participants represented several renowned institutions, including Allama Iqbal Medical College, The Aga Khan University, Nishtar Medical University, University College of Medicine and Dentistry, The University of Lahore, Fatima Jinnah Medical University, Khalid Latif Medical College, Akhtar Saeed Medical and Dental College, Continental Medical College, CMH Lahore Medical College & IOD, and Rashid Latif Medical College, among others.





The posters were evaluated by a distinguished panel of judges, who assessed the presentations on the basis of research quality and relevance, originality, methodology, scientific understanding, presentation skills, and the presenters' ability to confidently address questions and discuss their work. The judging panel comprised Dr. Talha Sajid, Neurosurgeon at LGH; Mr. Mahtab Zafar, CEO and Founderof URC Research; Dr. Alishba Saeed, LGH; and Prof. Dr. Shazia Tufail, AIMC.

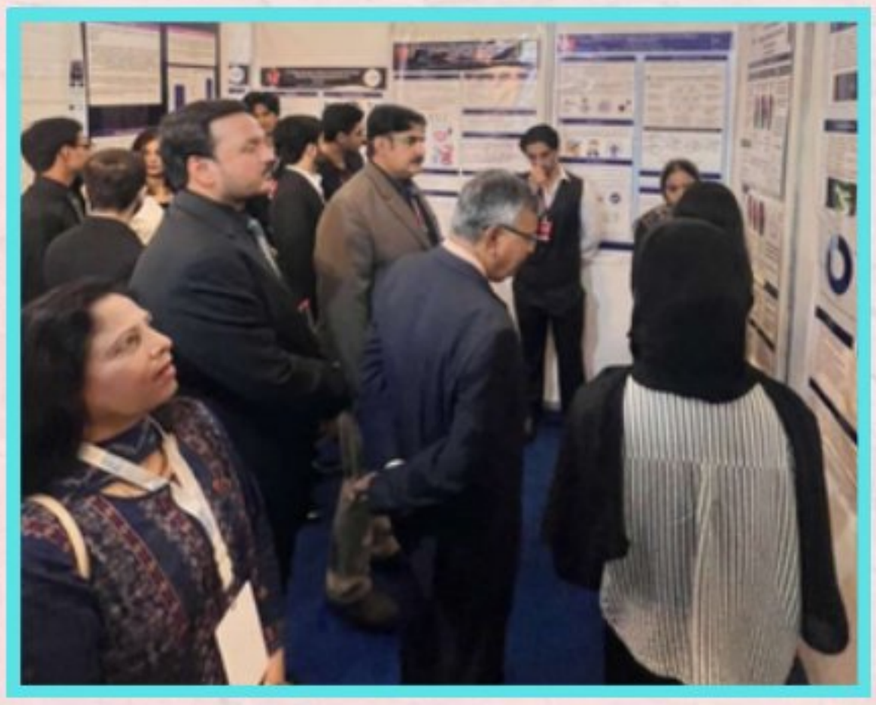
The competition concluded with Dr. Ayesha Shahid Butt and Dr. Mahnoor from Rashid Latif Medical College securing the Best Poster Presentation award, while M. Umer Imtiaz from Akhtar Saeed Medical and Dental College secured second position. Their achievements reflected the quality, dedication, and research efforts demonstrated throughout the poster session.

Beyond the academic competition, the poster presentation maintained a lively, welcoming, and collaborative atmosphere. The venue brought together enthusiastic students who were eager to discuss their research, explain their findings, exchange ideas, and learn from one another. The interaction between presenters, judges, faculty members, and fellow participants made the session feel less like a competition and more like a meaningful academic exchange.

PRE-CONFERENCE WORKSHOPS

POSTER PRESENTATION

Students confidently presented and defended their work, responded to questions from the judging panel, and engaged in discussions on a wide variety of medical and healthcare-related topics.



The diversity of research presented further enrichedthe session, with projects ranging from clinical medicineand surgery to public health, artificial intelligence, nutrition, and systematic reviews.

The event also provided participants with an opportunity to interact with peers from different institutions, develop confidence in scientific communication, and appreciate the importance of research alongside clinical education.



For many students, it served as a valuable platform to share their work, receive constructive feedback, and gain exposure to the broader academic and research community.

Overall, the Poster Presentation at StuCon'26 was a successful and engaging academic activity that highlighted the enthusiasm, creativity, and research potential of medical students.

The participation of students from numerous institutions added diversity and healthy academic competition, while the energetic and collaborative environment encouraged discussion, networking, and academic growth.



More importantly, the event celebrated not only the winning presentations but also the hard work, curiosity, and research spirit of every student who contributed to making the poster session a meaningful part of StuCon'26.





3RD INTERNATIONAL STUCON 2026

MIND MERGE 2.0 BY QUIZ SOCIETY

The Mind Merge 2.0, an exciting Intercollegiate Quiz Competition, was successfully held at the 3rd International STUCON 2026, bringing together bright minds from medical institutions to test their knowledge, quick thinking & competitive spirit.



Organized by the RLMC Quiz Society under the supervision of Prof. Saman Ansari, the competition provided an engaging platform for students to challenge themselves, learn from one another & showcase their academic excellence.

A celebration of knowledge, teamwork, intellect & healthy competition — truly capturing the spirit of STUCON 2026.





3RD INTERNATIONAL STUCON 2026

PITCH PERFECT BY DRAMATIC SOCIETY

Where bold ideas met sharp minds!

As part of the 3rd International StuCon 2026, the Dramatics Society of Rashid Latif Medical College proudly presented Pitch Perfect — an exciting intercollegiate business pitch competition inspired by the concept of Shark Tank.
Participants from different colleges stepped into the spotlight to present their innovative business ideas, entrepreneurial visions, and creative solutions, competing to impress an expert panel of judges.



The session was judged by CEOs of three leading companies, who evaluated the participants on their ideas, feasibility, innovation, presentation, and business potential. Their valuable feedback and appreciation added immense value to the competition and encouraged the young entrepreneurs to think bigger.



Pitch Perfect was a celebration of innovation, confidence, creativity, and the courage to turn ideas into impact.



A spectacular initiative by the Dramatics Club of Rashid Latif Medical College, proving that the stage can be a place not only for stories, but also for ideas that can shape the future.

















3RD INTERNATIONAL STUCON 2026

MoHER: A Crisis in disguise

MoHER began with teams representing the PMDC, Ministry of Health, Young Doctors Association (YDA), Public Sector Medical Colleges, and Private Sector Medical Colleges. Each team was given discussion topics,
eight minutes to prepare, and five minutes to defend the perspective of their respective bodies.
The debate quickly became highly engaging, with the YDA challenging the Ministry of Health and PMDC, while the Public and Private sectors engaged in a spirited exchange. To further test the delegates, the Chair
introduced crisis-based scenarios drawn from the arguments already raised, giving teams only five minutes to prepare. The result was an intense yet enjoyable discussion filled with quick responses, strong arguments, and even unexpected alliances.
On Day Two, the focus shifted from debate to solutions. The YDA and PMDC presented particularly strong proposals, ultimately contributing to the formation of a unanimous White Paper. The YDA secured First
Position with its four-tier framework, while PMDC was declared Runner-up for its detailed solutions and emphasis on implementation and funding.
Overall, MoHER provided a dynamic platform for delegates to engage in realistic policy discussions, think critically under pressure, and work collectively towards practical solutions.









3RD INTERNATIONAL STUCON 2026

MED MAZE

As part of the 3rd International Student Conference (STUCON) 2026 at Rashid Latif Medical College (RLMC), MedMaze 2026 was organized as an engaging academic competition designed to promote clinical reasoning, teamwork, problem-solving, and practical application of medical knowledge among medical students.
MedMaze emerged as one of the most anticipated and memorable segments of StuCon 2026, bringing together over 20 teams, 8 Institutes and 100+ participants from leading medical and academic institutions, including:

1. **Sialkot Medical College**
2. **CMH Medical and Dental College**
3. **Lahore Medical and Dental College**
4. **Lahore University of Biological & Applied Sciences (UBAS)**
5. **University of Health Sciences**
6. **Fatima Jinnah MedicalUniversity**
7. **Rashid Latif Khan University**
8. **Akhtar Saeed Medical and Dental College**

The activity provided participants with a dynamic and competitive learning environment in which teams navigated a series of medical and clinical challenges, requiring effective communication, rapid decision-making, and application of their theoretical knowledge.

MedMaze served as an innovative component of STUCON 2026, complementing the conference's academic sessions and workshops with an interactive learning experience. The competition encouraged students to move beyond conventional classroom learning and demonstrate their ability to work collaboratively, analyze clinical scenarios, and develop appropriate solutions under time constraints.

The successful organization of MedMaze reflected RLMC's commitment to student-centered learning, academic innovation, teamwork, and the development of practical clinical skills. The activity also contributed to the vibrant academic environment of the 3rd International STUCON 2026, bringing together students in a spirit of healthy academic engagement and collaboration.

MedMaze was widely praised for its unique concept, creative execution, and ability to turn learning into an immersive experience. It allowed participants to apply their medical knowledge in an unfamiliar setting while developing skills that extend far beyond the classroom. Combining mystery, competition, and learning, MedMaze became one of the defining highlights of StuCon 2026 and was recognised as one of its most unique and well-executed segments. The enthusiastic response from both participants and faculty was a testament to the impact and success of the event.










3RD INTERNATIONAL STUCON 2026 AWARD CEREMONY

Best Delegate Awards

Best Delegate Awards | 3rd International StuCon Conference 2026.

Congratulations to the outstanding delegates who demonstrated exceptional knowledge, leadership & commitment throughout the conference.

Best Delegate Silver Award goes to FMH Medical & Dental College. Your dedication & excellence are truly commendable.













3RD INTERNATIONAL STUCON 2026

CLOSING CEREMONY

The closing ceremony of StuCon'26 was held on 29th August 2026 at the Expo Centre, marking a memorable conclusion to the three-day conference. The ceremony was graced by Khawaja Salman Rafique as the distinguished guest, whose presence added significance and distinction to the occasion. The event provided an opportunity to formally acknowledge the successful completion of the conference and celebrate the enthusiasm, participation, and achievements of the students and organizers.

The ceremony concluded on a celebratory and appreciative note, with souvenirs presented to the organizing team in recognition of their dedication, teamwork, and tireless efforts throughout the conference. Prizes and souvenirs were also distributed among the winners in appreciation of their outstanding performance and active participation. The occasion brought together participants, organizers, faculty, and distinguished guests in a spirit of appreciation and celebration, serving as a fitting tribute to the collective hard work, commitment, and achievements that contributed to the overall success of StuCon'26.





3RD INTERNATIONAL STUCON 2026

CLOSING CEREMONY

As a gesture of appreciation, souvenirs were presented to the organizing team in recognition of their dedication, commitment, and tireless efforts throughout the conference. This was followed by the distribution of prizes and souvenirs among the winners, acknowledging their outstanding performances and contributions during StuCon'26.

The ceremony concluded on a joyous and celebratory note, serving as a fitting tribute to the hard work, teamwork, dedication, and achievements of everyone involved. It marked a memorable end to StuCon'26 and left participants with a sense of accomplishment and lasting memories.









3RD INTERNATIONAL STUCON 2026

POST-CONFERENCE SEMINAR ON PROFESSIONALISM & ETHICS

A highly insightful Post-Conference Seminar on “Professionalism & Ethics” held as part of the 3rd International STUCON 2026, conducted on the 2nd Day of HESP 2026.

The session was delivered by Prof. Usman Hotiana, Head of the Department of Psychiatry & Behavioural Sciences, Rashid Latif Medical College, highlighting the importance of professionalism, ethical practice, integrity, empathy & responsible conduct in healthcare.

A meaningful learning experience that inspired participants to embrace professionalism with purpose.



















3RD INTERNATIONAL STUCON 2026

POST-CONFERENCE SEMINAR ON CARRER COUNSELING

The event provided medical students and graduates with structured guidance on international and domestic career pathways, featuring detailed presentations by guest speakers and subject matter experts.

Key Speaker Sessions & Career Pathways

1. **Canada Express Entry Pathway (Dr. Qasim) Presented comprehensive insights into the immigration process, credential recognition, and licensing steps required for medical practice and residency in Canada.**
2. **UK & Saudi Arabia Medical Pathways (Dr. Hafiz ur Rehman) UK Pathway (MRCEM): Detailed the Membership of the Royal College of Emergency Medicine route for entering emergency medicine practice in the UK. Saudi Arabia Pathway (SMLE):Outlined the examination structure and licensure requirements for entering the Saudi healthcare system via the Saudi Medical Licensing Examination.**
3. **Surgical Career Pathway in the UK (Dr. Shazeena) Focused on the Membership of the Royal College of Surgeons qualification, outlining the postgraduate surgical training roadmap and integration into the NHS framework.**
4. **Medical Scribing Opportunities (Dr. Arslan – Scribe Runners) Introduced remote professional opportunities for local medical students and graduates, highlighting roles as clinical scribes for US-based healthcare providers and documentation systems.**













3RD INTERNATIONAL STUCON 2026

CELEBRATING THE TEAM BEHIND STUCON 2026!

Mrs. Sabahat Khan appreciated the entire team of organisers & co-organisers for their dedication, teamwork & tireless efforts in making the 3rd International STUCON 2026 a remarkable success.
Their commitment, coordination & passion played a vital role in bringing this international student research conference to life and creating an impactful platform for students to learn, present & excel.
A heartfelt appreciation for the team that worked behind the scenes to make STUCON 2026 truly unforgettable!









CONCEPT TO ACTION SOCIETY PRESENTS

FIRST INTERCOLLEGIATE METAPHORIC ROLE PLAY COMPETITION

The Concept to Action (CTA) Intercollegiate Medical Roleplay Event, held on 24 August 2026, brought together medical students from different institutes including FJMU, KEMU, Shalamar Medical & Dental College, RLMC, RLKUMC, UCMD & CPMC on a single platform to turn medical knowledge into stories, performances, and meaningful messages.

The event was designed to take learning beyond the boundaries of the classroom. Through roleplay, students explored medical concepts and healthcare-related social issues in a way that was creative, engaging, and accessible. It provided them with an opportunity to not only demonstrate their medical knowledge, but also express themselves through storytelling, acting, teamwork, and communication.







The event witnessed enthusiastic participation from colleges across the intercollegiate community, with each team presenting a distinctive medical roleplay. The performances brought together medical knowledge and theatrical creativity, transforming clinical scenarios and healthcare issues into engaging stories for the audience.

What made the event particularly meaningful was the variety in the performances. Each team approached its chosen theme from a different perspective, using dialogue, acting, and storytelling to communicate important medical and social messages. The performances demonstrated that medical education does not always have to remain confined to textbooks and lectures—it can also be felt, experienced, and communicated through stories.













CONCEPT TO ACTION SOCIETY PRESENTS

FIRST INTERCOLLEGIATE METAPHORIC ROLE PLAY COMPETITION

The participants successfully balanced education with entertainment, keeping the audience engaged while highlighting the importance of effective communication in medicine.

Being an intercollegiate event, CTA provided students with an opportunity to step outside their own institutions, meet fellow medical students, and learn through healthy competition.

Behind every performance was evident preparation, coordination, and teamwork. The participants demonstrated remarkable commitment, creativity, stage presence, and confidence. More than simply competing against one another, the teams brought different perspectives and styles to the same platform, making the event a shared learning experience.

The diversity of performances and the enthusiasm of the participants added greatly to the energy and success of the event. The event truly reflected the philosophy behind Concept to Action—taking an idea and giving it a meaningful form. Through the roleplay event, CTA created a space where medical students could learn creatively, communicate effectively, work as a team, and engage with important healthcare issues beyond conventional academic settings.

Organizing an intercollegiate event with participation from more than 10 colleges was a significant milestone for CTA. It was a reflection of the dedication, coordination, and collective effort of the organizing team, as well as the enthusiasm of the participating institutions and students.

In the truest spirit of CTA, the event turned concepts into creativity, creativity into communication, and communication into action.















ALLUMNI REUNION DINNER

Rashid Medical College was organized as a memorable gathering aimed at bringing together alumni, recent graduates, current students, and faculty members under one roof. The event provided a wonderful opportunity for former students to reconnect with their peers and professors, share their experiences, and revisit the cherished memories associated with their college years.

The evening was filled with a lively blend of entertainment and interaction. Musical performances, a drama, and a variety of fun and engaging activities added to the energy of the event. The interactions between alumni, graduates, students, and faculty members created a warm and welcoming atmosphere, allowing members from different batches to reconnect, exchange stories, and celebrate the lasting bond they share with the institution.

A Night of Reunion, Celebration & New Beginnings!

The 2nd Alumni Dinner of Rashid Latif Medical College was a truly memorable evening, bringing together our distinguished alumni, faculty & leadership for an atmosphere filled with warmth, laughter, cherished memories & meaningful connections.

Here's to old friendships, new connections & a stronger alumni network!

Together, we continue to make a difference.







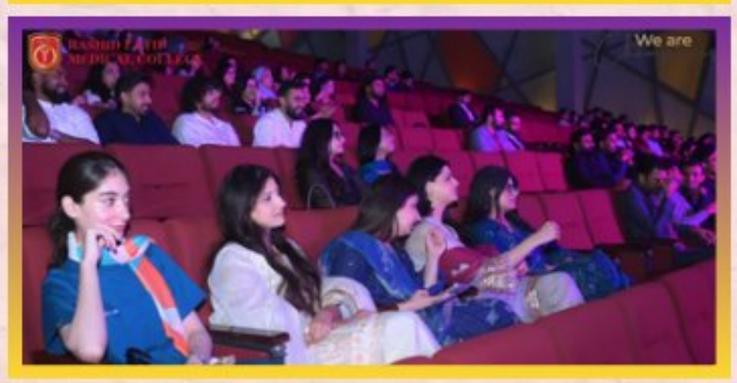












ALLUMNI REUNION DINNER

Ms. Sabahat Khan, CEO, RLK Group, presented souvenirs to the alumni of Rashid Latif Medical College (RLMC) as a token of appreciation and recognition of their valued association with the institution.

The ceremony provided an opportunity to reconnect with alumni and strengthen their bond with their alma mater.

The alumni appreciated the thoughtful gesture and expressed their pleasure at being remembered and honored by RLMC. The event concluded on a warm and positive note, reflecting the college's continued commitment to maintaining strong relationships with its alumni.

























ESTABLISHES ACS PAKISTAN LOCAL CHAPTER

MEMBERSHIP IN THE STUDENT SURGICAL SOCIETY AND ACS PAKISTAN

Rashid Latif Medical College proudly celebrates the official recognition and approval of its American College of Surgeons (ACS) Pakistan Local Chapter, marking a significant milestone in the institution's ongoing commitment to academic excellence, surgical education, professional development, and leadership in healthcare.

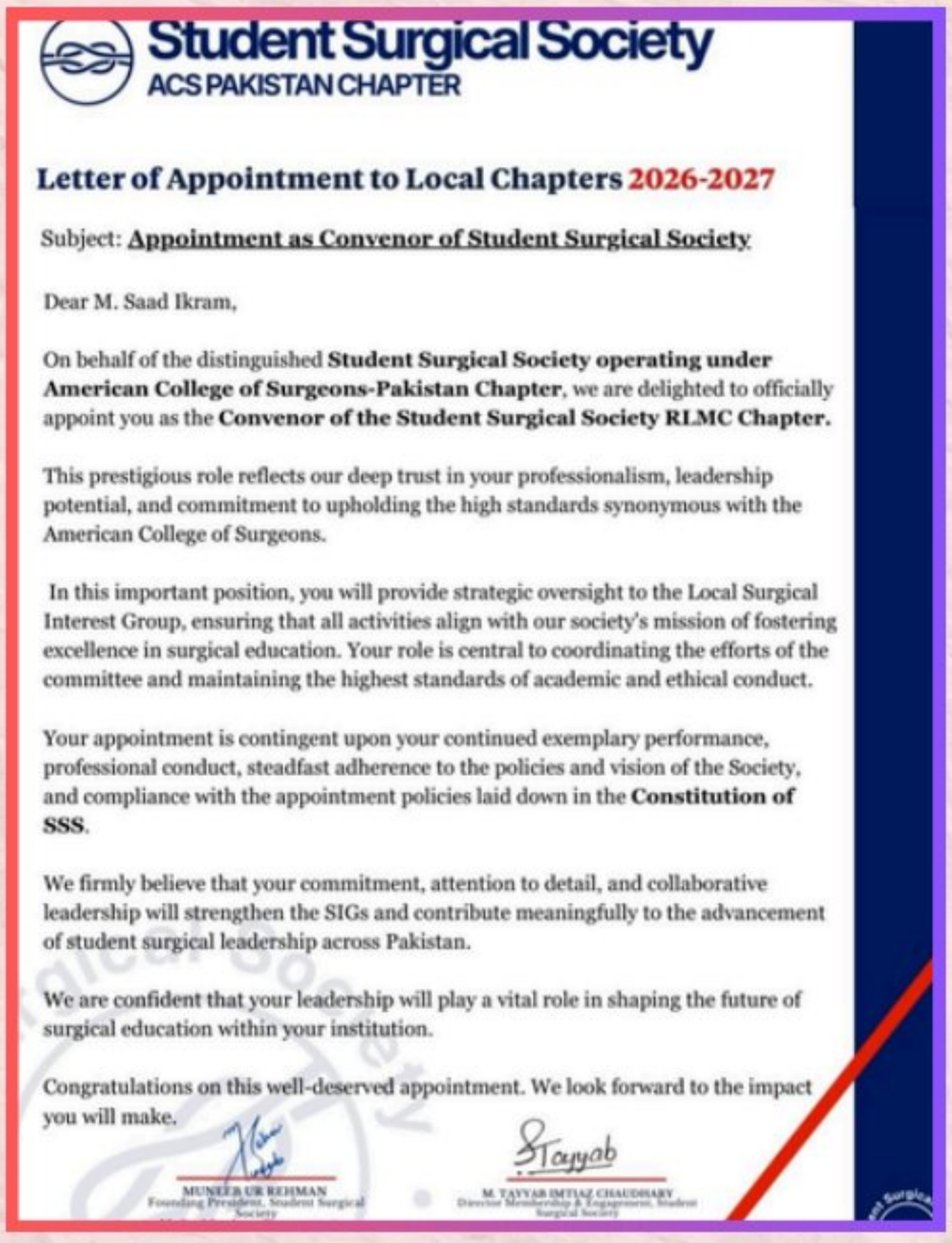
The chapter will also serve as a platform for academic collaboration, mentorship, professional networking, research engagement, and knowledge exchange among students and healthcare professionals. Through seminars, workshops, educational sessions, and other scholarly activities, the initiative will encourage a culture of continuous learning and innovation in surgical sciences.
This recognition further strengthens RLMC's efforts to create meaningful opportunities for student engagement, surgical training, research, and professional growth, while fostering connections with the broader national and international surgical community.

A special congratulations to Mr. M. Saad Ikram (4th Year MBBS) for his vision, initiative, and unwavering dedication in making this achievement possible. We also extend our sincere appreciation to Umer Sajid (4th Year MBBS) for his valuable contribution and support throughout the process.

Congratulations to Umer Sajid, a 4th Year MBBS student, on becoming a member of the Student Surgical Society (SSS) and the local chapter of the American College of Surgeons (ACS Pakistan)!

This remarkable achievement reflects his commitment to surgical education, professional development, and active participation in the medical community. We look forward to seeing him engage in hands-on surgical learning, skill-building activities, and collaborative opportunities through this esteemed platform. Wishing him continued success on his journey toward excellence in surgery!

This achievement reflects Rashid Latif Medical College's continued dedication to fostering excellence, creating meaningful opportunities for students, and advancing the future of surgical education in Pakistan.



Student Surgical Society
ACS PAKISTAN CHAPTER

Letter of Appointment to Local Chapters 2026-2027

Subject: **Appointment as Convenor of Student Surgical Society**

Dear M. Saad Ikram,

On behalf of the distinguished **Student Surgical Society operating under American College of Surgeons-Pakistan Chapter**, we are delighted to officially appoint you as the **Convenor of the Student Surgical Society RLMC Chapter.**

This prestigious role reflects our deep trust in your professionalism, leadership potential, and commitment to upholding the high standards synonymous with the American College of Surgeons.

In this important position, you will provide strategic oversight to the Local Surgical Interest Group, ensuring that all activities align with our society's mission of fostering excellence in surgical education. Your role is central to coordinating the efforts of the committee and maintaining the highest standards of academic and ethical conduct.

Your appointment is contingent upon your continued exemplary performance, professional conduct, steadfast adherence to the policies and vision of the Society, and compliance with the appointment policies laid down in the **Constitution of SSS**.

We firmly believe that your commitment, attention to detail, and collaborative leadership will strengthen the SIGs and contribute meaningfully to the advancement of student surgical leadership across Pakistan.

We are confident that your leadership will play a vital role in shaping the future of surgical education within your institution.

Congratulations on this well-deserved appointment. We look forward to the impact you will make.

MUNEEB UR REHMAN
Founding President, Student Surgical Society

M. TAYYAB IMTIAZ CHAUDHARY
Director Membership & Engagement, Student Surgical Society



SUPERANNUATION CEREMONY

FAREWELL TO PROF. DR. ABDUL FAZAL ALI KHAN

The retirement of Prof. Dr. Abdul Fazal Ali Khan marked a significant moment for the institution, providing an opportunity to reflect on and celebrate his outstanding contributions and years of dedicated service. Throughout his distinguished career, he has been a pillar of academic excellence, professionalism, and leadership, playing a vital role in the growth and development of the institution.

Prof. Dr. Abdul Fazal has made invaluable contributions to medical education, faculty development, and student mentorship, leaving a lasting impact on generations of learners and colleagues. His commitment, wisdom, and unwavering dedication have earned him the respect and admiration of faculty, students, and staff alike.

Faculty members shared their appreciation and fond memories, acknowledging the positive influence he has had on the academic and professional environment of the college. While his retirement marks the conclusion of an illustrious chapter of service, his legacy of excellence, integrity, and commitment will continue to inspire future generations.

The institution extends its sincere gratitude to Prof. Dr. Abdul Fazal for his exceptional service and wishes him a healthy, happy, and fulfilling retirement.













Honoring the Remarkable Journey & Dedicated Services of Prof. Abul Fazal Ali Khan at a Heartfelt Retirement Ceremony.

CELEBRATING EXCELLENCE

RLMC SIGNS MOU WITH SCRIBERUNNER

Rashid Latif Medical College and Arif Memorial Teaching Hospital signed a Memorandum of Understanding (MoU) with ScribeRunner, marking a significant milestone in expanding global career opportunities for RLMC graduates.



This collaboration aims to provide eligible graduates with access to internship and employment opportunities, subject to ScribeRunner's selection process, along with specialized training for U.S. healthcare support roles, remote work readiness, and professional career guidance. The partnership reflects RLMC's commitment to preparing graduates for diverse career pathways within the global healthcare sector.

The institution extends its sincere appreciation to everyone who contributed to establishing this collaboration, with special recognition for Dr. Kainat Javed, Dr. Taha Ejaz, Dr. Qasim Saeed, and Dr. Salman for their dedication and efforts in making this partnership possible.

Through strategic international collaborations, Rashid Latif Medical College continues to empower future healthcare professionals, strengthen global engagement, and create meaningful opportunities for academic and professional advancement.









CELEBRATING EXCELLENCE

FIRST AND FINAL YEAR MBBS RESULT

Rashid Latif Medical College proudly celebrates the outstanding academic achievements of its students in the University Professional Examinations.

In the First Professional Examination, our students secured the University's top positions:

- Haseeb Ullah – 1st Position with 2 Distinctions
- Abdul Ghani – 2nd Position
- Hira Shahzad – 3rd Position with 1 Distinction
- Ajwa Nabeel Mir – 4th Position with 1 Distinction

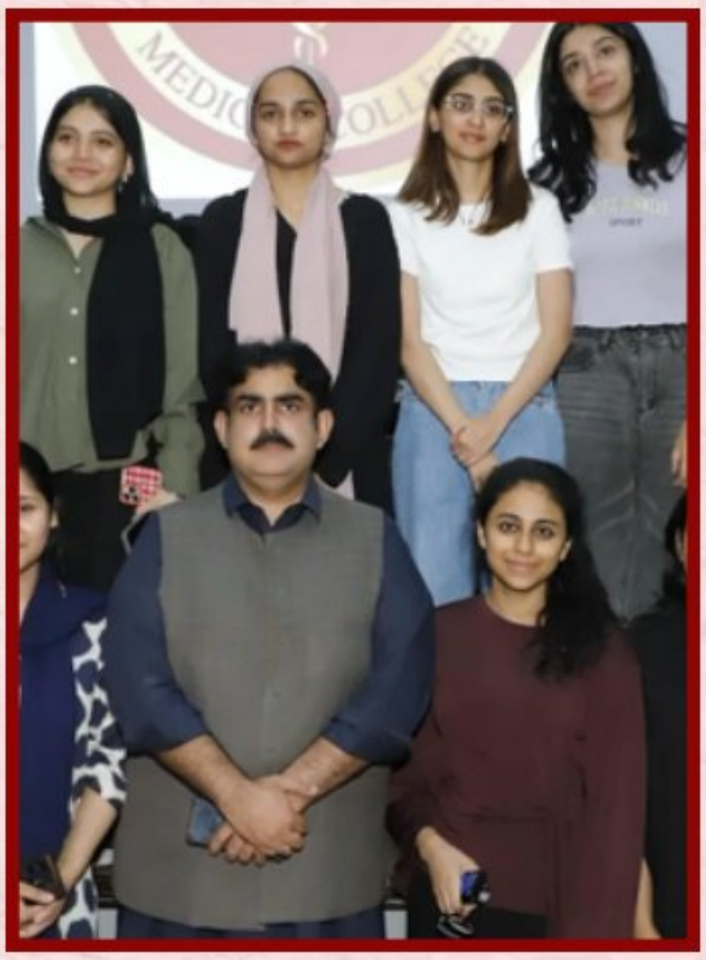


The college also congratulates its high achievers in the Final Professional Examination:

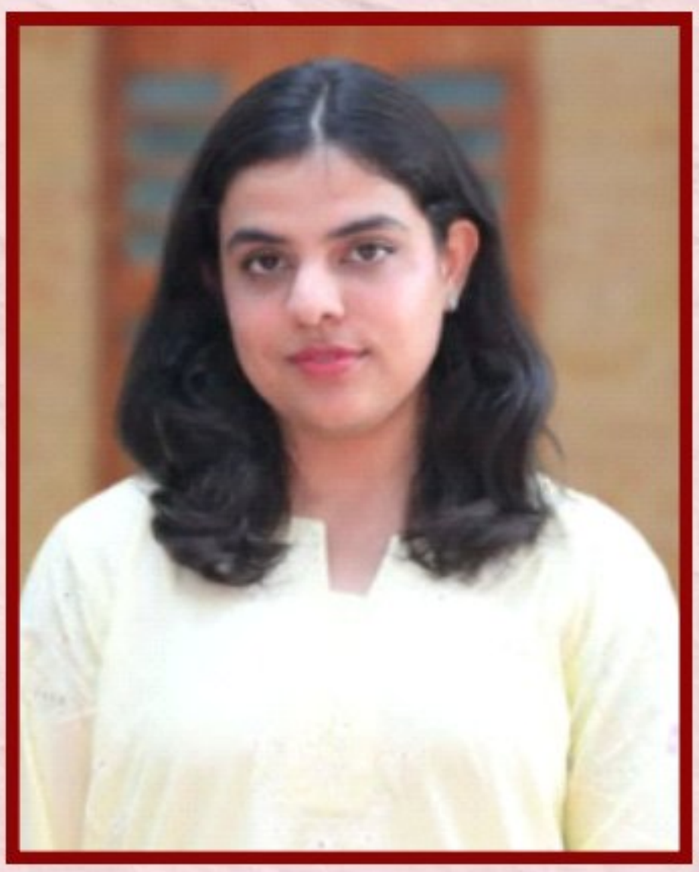
- Fajar Nadeem – 1st Position
- Anabia Basharat – 2nd Position with Distinction in Medicine
- Fizzah Tahir – 3rd Position

These remarkable accomplishments reflect the students' hard work, perseverance, and commitment to academic excellence.

Rashid Latif Medical College extends its heartfelt congratulations to all the achievers and wishes them continued success as they advance in their medical careers and inspire future generations.













PHYSIOLOGY DEPARTMENT

SUICIDAL RISK ASSESSMENT AND MANAGEMENT

As part of the pre-conference workshops for StuCon, the Department of Professional Psychology organized a workshop on "Suicidal Risk Assessment and Risk Management." The session was conducted by Ms. Faiza Khalid, Clinical Psychologist, who shared her professional expertise on the assessment and management of individuals at risk of suicide.



During the workshop, Ms. Faiza provided a comprehensive overview of evidence-based approaches to suicide risk assessment, highlighting the identification of warning signs, risk and protective factors, and the importance of timely intervention. She also discussed practical strategies for managing high-risk situations while emphasizing ethical considerations and the role of mental health professionals in crisis intervention. The interactive session equipped students with valuable clinical knowledge and practical skills that will support their future professional practice. Faculty members also found the workshop highly insightful, making it a meaningful learning experience for all participants.







PATHOLOGY & COMMUNITY MEDICINE & PUBLICH HEALTH DEPARTMENT

WORLD IMMUNIZATION DAY

The Departments of Community Medicine, Pathology and Rashid Latif Dental College at RLMC organized an awareness event to commemorate World Immunization Day 2026 on June 18, 2026. The event aimed to highlight the importance of vaccination in preventing infectious diseases and protecting community health.

Faculty members and students actively participated in the event. Awareness was raised through brief talks and educational activities focusing on vaccine-preventable diseases, timely vaccination, vaccine safety, and the importance of completing recommended immunization schedules.

The Department of Community Medicine emphasized the public-health benefits of immunization, while the Department of Pathology highlighted the scientific basis of vaccination and prevention of infectious diseases.

The event successfully reinforced the importance of immunization as a key component of preventive healthcare and encouraged participants to promote vaccination awareness in the community.









COMMUNITY MEDICINE & PUBLIC HEALTH AND PATHOLOGY DEPARTMENT

WORLD IMMUNIZATION DAY 2026 RLMC & RLDC

A day dedicated to raising awareness about the life-saving impact of vaccines and the collective responsibility of building healthier communities. Through engaging role plays, insightful paper presentations, an informative documentary, an interactive quiz, and an awareness walk, our students highlighted their commitment to public health advocacy and preventive healthcare.

We extend our sincere appreciation to the Departments of Pathology and Community Medicine for organizing this impactful event, and to all participants for their enthusiasm and dedication.

Together, we can protect lives, prevent diseases, and promote a healthier future through immunization. Certificates were awarded to the organizers of the Immunization Day Celebration in appreciation of their invaluable efforts in planning & successfully executing this important awareness initiative. Their enthusiasm & hard work contributed significantly to promoting the importance of immunization & community health.









FORENSIC MEDICINE DEPARTMENT

JOURNAL CLUB



A Journal Club session was successfully conducted on the topic "Exhumation Report." The presentation was delivered by Dr. Khyzer Hayat Sukhera, who provided an in-depth review of the subject, highlighting its medico-legal significance, procedural aspects, and the role of exhumation in forensic investigations.

The session concluded with an interactive question-and-answer discussion led by Prof. Shaukat Ali, fostering critical analysis and enhancing participants' understanding of the topic.

The session was mandatory for faculty members and students of Fourth and Final Year MBBS, providing an important opportunity for academic engagement, evidence-based learning, and professional development.





MEDICAL EDUCATION DEPARTMENT

BASIC LIFE SUPPORT (BLS) WORKSHOP FOR MBBS STUDENTS

Our 3rd Year MBBS students actively participated in the Advanced Cardiovascular Life Support (ACLS) Workshop, gaining valuable hands-on experience in managing cardiac emergencies, performing high-quality resuscitation, and functioning effectively as part of a critical care team.

Through practical simulations and expert guidance, the workshop enhanced their clinical competence, teamwork, and preparedness to respond confidently and efficiently in life-threatening situations.













MEDICAL EDUCATION DEPARTMENT

FACULTY DEVELOPMENT PROGRAM

WORKSHOP ON - FROM DATA TO DIAGNOSIS: PRACTICAL APPLICATIONS OF ARTIFICIAL INTELLIGENCE

The Department of Medical Education successfully conducted a workshop titled "From Data to Diagnosis: Practical Applications of Artificial Intelligence" under its Faculty Development Program. The workshop explored the growing role of artificial intelligence in healthcare and medical education, highlighting its practical applications in data analysis, clinical decision-making, diagnostics, and academic practice The session was facilitated by Dr. Talha (Department of Oral Pathology), who provided valuable insights into the integration of artificial intelligence tools in healthcare and their potential to enhance teaching, learning, and patient care. The workshop was conducted for MBBS and BDS faculty members as part of the institution's ongoing commitment to faculty development and the adoption of innovative educational technologies.











MEDICAL EDUCATION DEPARTMENT

BASIC LIFE SUPPORT (BLS) WORKSHOP FOR MBBS STUDENTS

Basic Life Support (BLS) Workshops were scheduled for all First and Second Year MBBS students on 15th May 2026, to be conducted on campus from 08:00 AM to 01:00 PM.

The workshop was organized in accordance with UHS guidelines and aimed to equip students with essential life-saving skills and emergency response training.

Attendance in the workshop was made mandatory for all First and Second Year MBBS students. Participants were required to attend the complete session and successfully clear both the Pre-Test and Post-Test, with assessment results to be forwarded to the University of Health Sciences (UHS).

The workshop reflected the institution's commitment to strengthening clinical preparedness and ensuring compliance with national medical education standards.

















MEDICAL EDUCATION DEPARTMENT

WORKSHOP- PROBLEM-BASED LEARNING (PBL)

The Department of Medical Education successfully conducted a Problem-Based Learning (PBL) Workshop under its Faculty Development Program. The workshop focused on strengthening faculty members' understanding of PBL principles, facilitation skills, and strategies for promoting active, student-centered learning.

The session was facilitated by Prof. Saman Saeed (Department of Physiology) and Prof. Nosheen Khurram (Department of Pathology), who shared their expertise and practical insights into effective PBL facilitation and implementation.

The workshop was mandatory for all PBL facilitators as part of the institution's ongoing efforts to enhance the quality and effectiveness of problem-based learning.









RESEARCH CELL RLMC

WORKSHOP-INTRODUCTION TO DATA ANALYSIS IN QUANTITATIVE RESEARCH

Glimpses from the Faculty Development Workshop on "Introduction to Data Analysis in Quantitative Research" held at Rashid Latif Medical College on June 29, 2026. The session was facilitated by Prof. Dr. Tazeem Shahbaaz, Professor of Community Medicine & Public Health, Director Research Cell, who delivered a focused and practical overview of quantitative data analysis.

The workshop aimed to strengthen faculty capacity in handling research data, emphasizing key concepts, analytical approaches, and interpretation techniques essential for evidence-based practice.

Participants engaged in an interactive learning environment, gaining insights into structuring datasets, selecting appropriate statistical methods, and improving the overall quality of research outputs.

The session also highlighted the importance of accurate data interpretation in enhancing academic research and publication standards.

Overall, the session was well-received and contributed significantly to enhancing research competencies among faculty members.













RESEARCH CELL RLMC

18TH INSTITUTIONAL REVIEW BOARD MEETING

The Research Cell successfully conducted the 18th Institutional Review Board (IRB) Meeting, during which research proposals submitted by faculty members and students were reviewed and evaluated.

The meeting provided a platform for the ethical and scientific assessment of research projects, ensuring compliance with established research standards and guidelines. Constructive feedback was provided to investigators to enhance the quality, feasibility, and ethical integrity of their proposed studies.

The meeting also facilitated meaningful academic discussion among IRB members and investigators, supporting researchers in developing scientifically sound and ethically responsible research projects. The session reflected the institution's continued commitment to promoting high-quality research, maintaining ethical standards, and strengthening a culture of scholarly inquiry and research excellence among faculty and students.













RESEARCH CELL RLMC

19TH INSTITUTIONAL REVIEW BOARD MEETING

The 19th Institutional Review Board (IRB) Meeting was convened on June 30, 2026, at the Mesum of Community Medicine & Public Health Department, Rashid Latif Medical College, Lahore, under the chairmanship of Prof. Dr. Tazeem Shahbaz, Director Research Cell. The meeting was attended by distinguished members, including Prof. Dr. Asma Naseem Kazi, Prof. Dr. Saman Saeed Ansari, Prof. Dr. Nosheen Khurram, Prof. Dr. Syma Arshad, Dr. Rabbiya Sarwar, and Dr. Asma Kanwal, who actively contributed to the review proceedings. A total of three research proposals were presented and critically evaluated. Each submission was reviewed in accordance with established ethical and scientific standards, and all research proposals were approved after minor revisions. The proceedings reinforced the IRB's commitment to maintaining ethical integrity, ensuring scientific rigor, and advancing a robust institutional research culture.





20TH INSTITUTIONAL REVIEW BOARD MEETING

he 20th meeting of the Institutional Review Board (IRB) was held on August 19, 2026, at the Museum of the Department of Community Medicine & Public Health, Rashid Latif Medical College, Lahore. The meeting was chaired by Prof. Tazeem Shahbaz (Convener) and attended by Prof. Nasira Inayat, Prof. Nosheen Khurram, Dr. Asma Kanwal, Dr. Rabbiya Sarwar, Dr. Faiza Salman, Dr. Ulfat Jahangir, Mr. Muhammad Nadeem, and Mr. Ahmad Attiq, who actively participated in the ethical review process.

Following detailed discussion and review, the proposal was approved subject to minor revisions recommended by the Board. The meeting reaffirmed the Institutional Review Board's dedication to safeguarding the rights and welfare of research participants, maintaining the highest ethical standards in research, and fostering a culture of quality, integrity, and innovation in research at Rashid Latif Medical College.





RESEARCH CELL

CHEIF GUEST & GUESTSPEAKER AT MEDVERSE 26



Rashid Latif Medical College takes pride in the remarkable contribution of Prof. Mudassar Ali, Vice Principal & Head of Physiology, who represented RLMC as a Guest Speaker at MedVerse'26.
His insightful session on "Cultivating a Research Mindset in Undergraduate Medical Education: From Classroom Learning to Clinical Innovation" emphasized the significance of fostering curiosity, critical thinking, and innovation among future healthcare professionals.

Such academic engagements reflect RLMC's unwavering commitment to excellence in medical education, research, and leadership development.

Proud to be RLMC. Proud to inspire the next generation of healthcare leaders.

Proud Moment for Rashid Latif Medical College!
Prof. Mudassar Ali, Vice Principal & HOD Physiology, Rashid Latif Medical College, was invited as a Guest Speaker at MedVerse'26, organized by FMH College of Medicine & Dentistry, Lahore, where he delivered an insightful session on "Cultivating a Research Mindset in Undergraduate Medical Education: From Classroom Learning to Clinical Innovation."
He was also honored to attend the Closing Ceremony as the Chief Guest, making the occasion a memorable one.
A proud representation of RLMC at an academic platform promoting research, innovation & excellence in medical education.





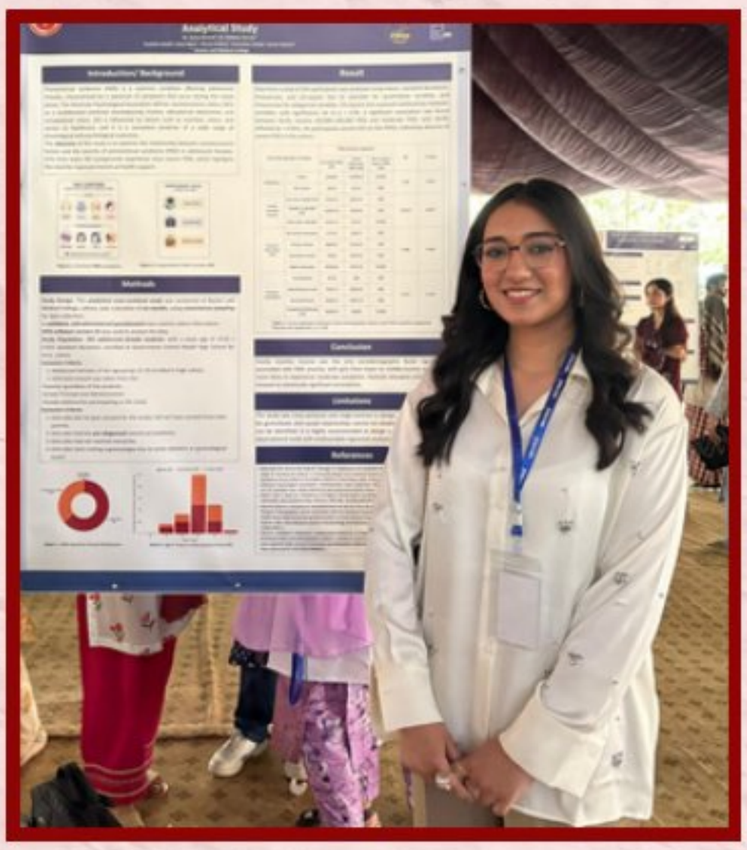
STUDENT RESEARCH SOCIETY (SRS)

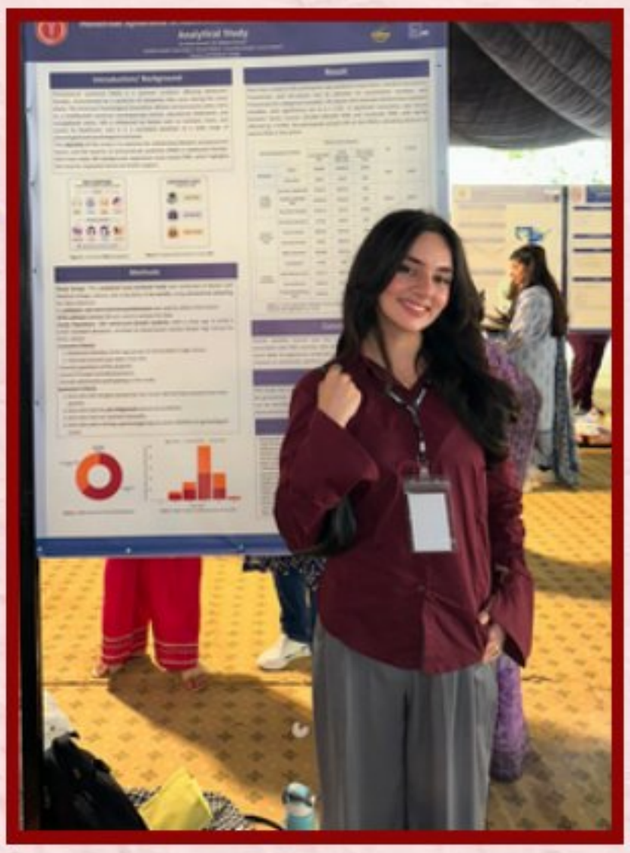
STUDENT'S PARTICIPATION

Building upon the invaluable experiences, insights, and constructive feedback gained from previous research conferences, one of Rashid Latif Medical College's (RLMC) research teams once again had the opportunity to represent the institution at Fatima Memorial Medical College on 8 June 2026, where they participated in the research event MedVerse'26.

The participation provided the students with an important platform to present their research work, engage with fellow young researchers, and gain further exposure to a competitive academic and research environment. Their involvement reflected RLMC's continued commitment to encouraging students to actively participate in research activities and develop their academic and scientific capabilities beyond the classroom.





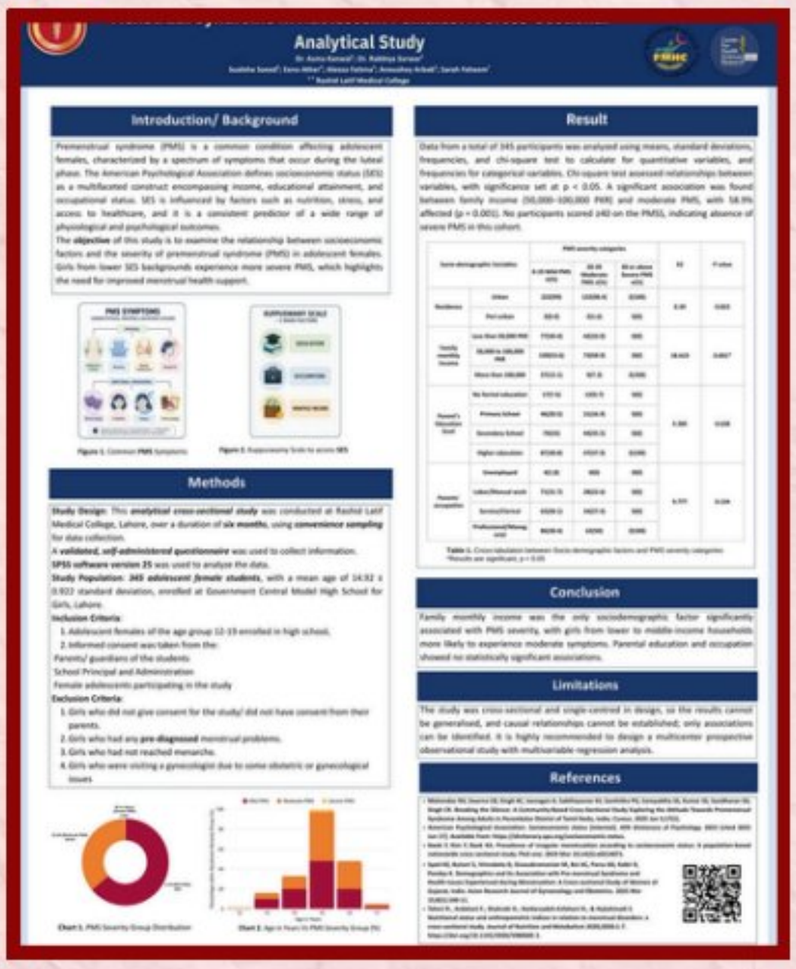




Demonstrating remarkable growth, commitment, and responsiveness to academic feedback, the students carefully incorporated the critiques and recommendations received during their previous research presentations.

They worked systematically to improve different components of their research, including refining the study methodology, strengthening data interpretation, improving the organization of findings, and enhancing the clarity, coherence, and overall impact of their presentation.

More importantly, it demonstrated how participation in successive research events can transform feedback into measurable improvement and contribute to the development of competent, confident, and reflective young researchers at RLMC.


Analytical Study

Introduction/ Background

Result

Methods

Conclusion

Limitations

References

STUDENT RESEARCH SOCIETY (SRS)

AMCORE '26

Innovation begins where curious minds come together. Join us at AMCORE'26 (Ameer-ud-Din Medical College Conference on Research & Education) for a day dedicated to advancing medical research, academic excellence, and meaningful collaboration.





Our brilliant medical students proudly represented Rashid Latif Medical College at AMCORE '26, organized by Ameer-ud-Din Medical College, Lahore, showcasing outstanding research and academic excellence.



1st Place – Oral Presentation | PKR 30,000 Cash Prize
Waniya Atta (4th Year MBBS) presented original research titled "Is Hyperprogesteronemia a Missing Link in Thyroid-Related Infertility?" The research was originally conducted by Prof. Saman Saeed, Department of Physiology, under the guidance of Prof. Dr. Mudassar Ali.

Certificate of Recognition – Paper Presentation
Safia Umair (2nd Year MBBS) presented her cross-sectional study on "NSAID and Caffeine Consumption and Their Combined Effects on Self-Reported Gastrointestinal Symptoms."



Heartfelt congratulations to our exceptional student researchers and dedicated faculty mentors for continuing to make RLMC proud and advancing a culture of research and scientific inquiry.



STUDENT RESEARCH SOCIETY (SRS)

NATIONAL RESEARCH & INNOVATION CONFERENCE (NRIC) 2026

Students from Rashid Latif Medical College (RLMC) represented the institution at the National Research & Innovation Conference (NRIC) 2026, held at King Edward Medical University. Third Year MBBS students presented original research projects on Hypothyroidism and Female Infertility and received appreciation for their research knowledge and presentation skills.

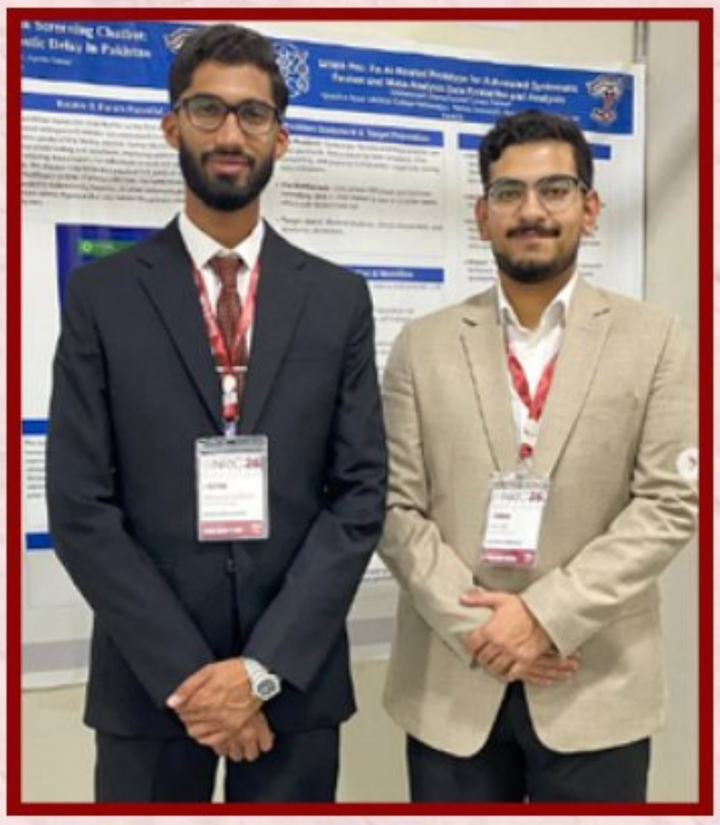
The Research Cell facilitated the students by providing research guidance, methodological support, ethical review, and mentorship in research presentation, enabling them to effectively showcase their work at a national academic forum. The activity reflects RLMC's commitment to strengthening undergraduate research and scholarly development.

The participating teams included Huda Zahid, Sharmeen Rizwan, Sualeha Saeed, Anoushey Arbab, Arbab Hussain Ahmad, Eena Ather, Qasim Ali Shah, Fathima Waraich, Sarah Faheem, and Aleeza Fatima. Their work reflected strong teamwork, analytical thinking, and a commitment to evidence-based medical research. Another contribution included a correlational study titled "Unveiling the Impact of Sleep Deprivation on University Students' Academic Performance" by 4th-year MBBS student Mr. Saad Ikram, (President SRS) highlighting a highly relevant issue affecting university and medical students. Additionally, a poster presentation on "Safety and Efficacy of Obicetrapib for Atherogenic Lipid Reduction: A Systematic Review and Meta-Analysis" was presented by Mr. Umer Sajid, along with team members Ms. Isha and Ms. Wania, focusing on advancements in cardiovascular therapeutics.

The institution also acknowledged the valuable mentorship and guidance provided by Prof. Saman Saeed (Author/Supervisor) and Prof. Mudassar Ali (Vice Principal/Co-Supervisor & Head of Department, Physiology), whose continuous support played a key role in the students' academic success.

The achievement highlighted the growing research culture at RLMC and reinforced its commitment to promoting innovation, scholarly excellence, and professional development among future healthcare professionals.



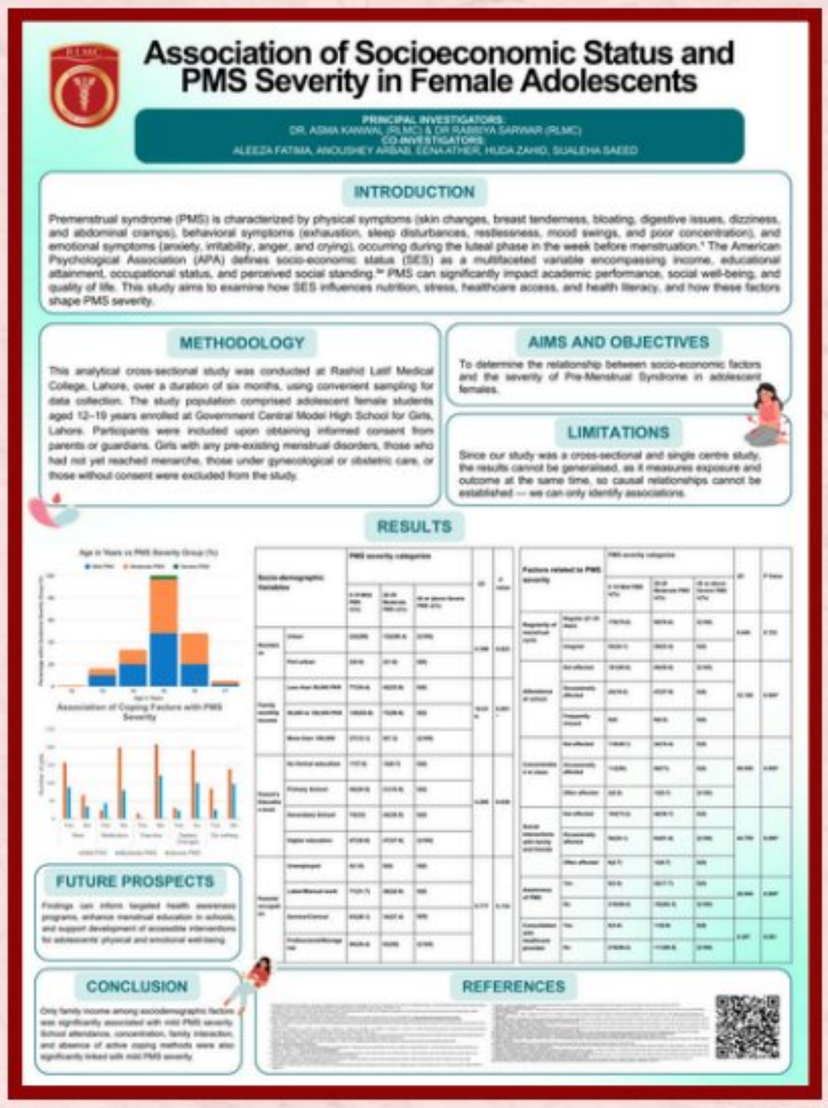


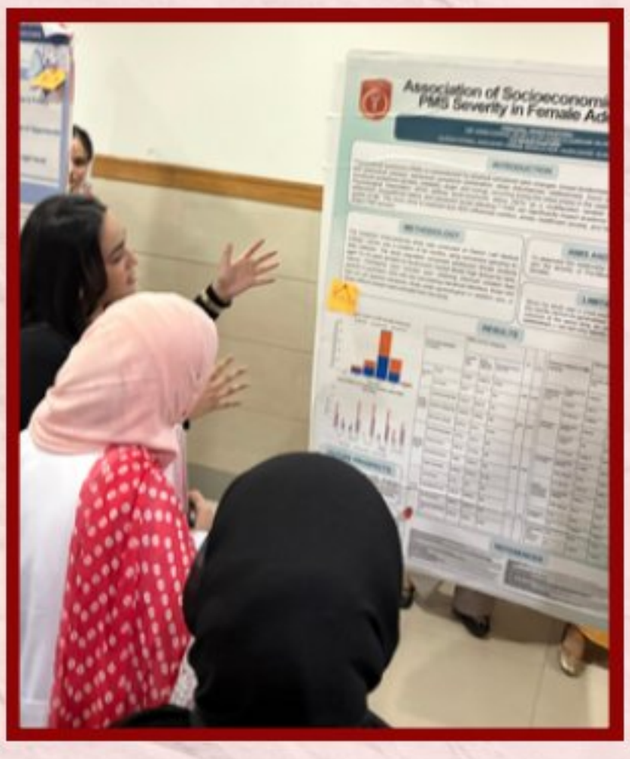


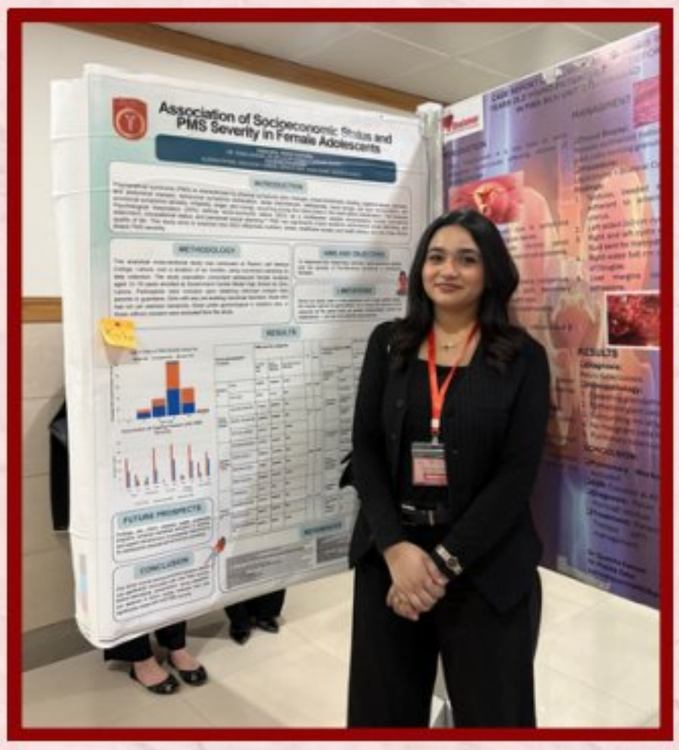
STUDENT RESEARCH SOCIETY (SRS)

SURECON`26

On 21 April 2026, a team of four 3rd-year MBBS students under the guidance of the Community Medicine Department presented their research poster titled “Association of Socio-Economic and Pre-Menstrual Syndrome Severity Status in Female Adolescents” at SureCon’26 held at Shalamar Medical and Dental College. The team consisted of Anoushey Arbab, Eena Ather, Huda Zahid, and Sualeha Saeed, who were involved in drafting the abstract and designing the poster for the conference. The team actively participated in scientific discussions, presented their work with confidence, and engaged with researchers and students from various medical institutions. Our delegates received highly encouraging feedback from the panel of professors and research experts, who appreciated the originality of the topics and the quality of data presentation.









The judges offered valuable, constructive feedback to help refine future research and conference presentations, and they acknowledged the strong academic foundation and potential of the delegates. One of the most commendable aspects of the team's performance was their ability to address challenging questions posed during the discussion sessions confidently. Several questions extended beyond the areas they had specifically prepared for, yet the delegates responded with remarkable composure, critical thinking, and scientific reasoning.

Beyond the recognition received, the conference served as an invaluable platform for intellectual exchange and professional growth. The constructive feedback provided by experts further strengthened the delegates' understanding of advanced research practices and inspired them to pursue even greater academic achievements. The outstanding performance of our team not only earned appreciation from distinguished academics but also reinforced our institution's growing reputation for fostering a culture of research, innovation, and excellence.

GYNAE & OBS AND SURGERY II DEPARTMENT

CLINICO-PATHOLOGICAL CONFERENCE

A Clinicopathological Conference (CPC) was conducted involving Gynae/Obs II and Surgery II, providing an interdisciplinary platform for academic discussion and clinical learning.

Surgery II Session

The topic "Never Event: Gossypiboma" was presented by Dr. Mustansar and Dr. Zainab. The interactive discussion and question-and-answer session were led by Prof. Fahim Anwer, highlighting the clinical implications, prevention strategies, and patient safety considerations associated with this avoidable surgical complication.

Gynae/Obs II Session

The topic "Pruritus in Pregnancy" was presented by Prof. Asma, Dr. Fatima, Dr. Namrah, Dr. Faiza (PGR Dermatology), and M. Hussain (Final Year MBBS). The discussion and question-and-answer session were conducted by Prof. Asma, Prof. Madiha, and Prof. Uzma Aziz, focusing on the diagnosis, management, and multidisciplinary approach to pruritic disorders during pregnancy.

The conference was mandatory for all RLMC faculty members and students of Fourth and Final Year MBBS, reinforcing the institution's commitment to clinical excellence, patient safety, and evidence-based learning.












OBSTETRICS & GYNAECOLOGY DEPARTMENT

EXPERT TALK ON RECURRENT MISCARRIAGES

An expert talk on "Recurrent Miscarriages" was delivered by Prof. Dr. Asma Yasin for a group of renowned gynaecologists from Kasur. The session was designed to provide an updated, clinically relevant, and evidence-based overview of recurrent pregnancy loss (RPL) and its appropriate management in clinical practice.

The presentation covered the definition and clinical significance of recurrent miscarriage, along with a detailed discussion of its common causes and contributing risk factors. Key areas included genetic and chromosomal factors, anatomical abnormalities, endocrine and metabolic disorders, autoimmune and thromboembolic conditions, infections, and other maternal or lifestyle-related factors. Emphasis was placed on recognizing potentially modifiable risk factors and identifying patients who require timely specialist assessment.





A structured approach to the diagnostic evaluation of recurrent pregnancy loss was discussed, including appropriate history taking, clinical assessment, relevant laboratory investigations, imaging, and other investigations where indicated. The importance of avoiding unnecessary investigations while ensuring appropriate evaluation of potentially treatable causes was also highlighted.

The talk further focused on evidence-based management strategies, emphasizing individualized care according to the underlying cause and clinical circumstances. Particular attention was given to the importance of early identification, appropriate investigations, preconception counselling, individualized treatment plans, close follow-up, and psychological support for affected women and couples.



OBSTETRICS & GYNAECOLOGY DEPARTMENT

POSTGRADUATE DEPARTMENTAL EXAMINATION – OBSTETRICS & GYNAECOLOGY

An important academic milestone was achieved as postgraduate residents of the Department of Obstetrics & Gynaecology undertook their departmental examination.

The assessment provided an opportunity to evaluate the residents' clinical knowledge, diagnostic reasoning, practical competencies, and preparedness for advanced postgraduate training.

The examination was conducted in a structured academic environment, reflecting the department's commitment to maintaining high standards of postgraduate medical education, clinical training, and professional development.

Under the kind supervision and academic guidance of Prof. Dr. Asma Yasin, the residents were encouraged to demonstrate their knowledge, clinical judgement, and professional skills.

The activity reflects the department's ongoing efforts to strengthen postgraduate training, promote academic excellence, and prepare competent and confident specialists in Obstetrics & Gynaecology.



ACADEMIC PRESENTATIONS BY PG RESIDENTS

Postgraduate residents of the Department of Obstetrics & Gynaecology demonstrated their clinical knowledge and expertise through academic presentations. The sessions promoted evidence-based learning, critical thinking, academic discussion, and professional development. The activity was conducted under the kind supervision of Prof. Dr. Asma Yasin, reflecting the department's commitment to excellence in postgraduate medical education and training.



ALUMNI CELL RLMC

RLMC INTERNATIONAL ALUMNI ASSOCIATION ELECTIONS 2026–2028 (UK CHAPTER)



The RLMC International Alumni Association (UK Chapter) successfully conducted its elections for the 2026–2028 Executive Panel under the supervision of the Alumni Election Committee, which ensured a transparent, fair, and accountable electoral process. This initiative reflects the Association's commitment to strengthening alumni engagement, fostering leadership, and promoting meaningful representation within the global RLMC community.

The election process and alumni engagement efforts continue to receive the unwavering support of Prof. Dr. Rashid Latif Khan, Founder Chairman of the RLK Group, and Madam Sabaht Rashid, CEO RLK Group, who have consistently emphasized the importance of maintaining strong and enduring connections with RLMC graduates across the world. Their vision of nurturing a lifelong relationship with alumni remains a cornerstone of the institution's commitment to academic excellence, professional development, and community building.

Following the successful completion of the election process, the newly elected Executive Panel was announced:

- President: Dr. Hadi Chishti
- Vice President: Dr. Fahad
- General Secretary: Dr. Mehreen Maryam Awan
- Joint Secretary: Dr. Awais Daula
- Treasurer: Dr. Mubashir Ahmad

The institution extends its heartfelt congratulations to the elected office bearers and expresses sincere appreciation to all candidates and panels for their participation, dedication, and valuable contributions. Their collective efforts reflect the spirit of unity, professionalism, and service that continues to strengthen the RLMC alumni network worldwide.

We wish the newly elected leadership team every success as they embark on their term and work towards advancing the shared vision of a connected, supportive, and thriving alumni community. We are confident that, under their leadership and with the continued guidance and support of the RLK Group leadership, the RLMC alumni network will continue to grow, collaborate, and make meaningful contributions both nationally and internationally.











CHAMPIONS OF RLMC

CELEBRATING EXCELLENCE

Rashid Latif Medical College takes pride in celebrating the outstanding achievements of its alumni, who continue to excel in prestigious international medical licensing examinations and pursue successful careers across the globe.



Dr. Ali Haider (Batch of 2023) successfully passed both the PLAB 1 and PLAB 2 examinations and is now a General Medical Council (GMC)-registered doctor in the United Kingdom. This significant milestone reflects his dedication, perseverance, and commitment to professional excellence.

Dr. Zaeem Ahmed achieved exceptional success by passing the USMLE Step 2 with an outstanding score of 262, along with the Occupational English Test (OET), earning ECFMG certification. His accomplishment marks another important step toward a distinguished international medical career.



Rashid Latif Medical College extends its heartfelt congratulations to both alumni on their remarkable achievements and wishes them continued success in their professional journeys. Their accomplishments serve as an inspiration to current students and exemplify RLMC's commitment to nurturing competent, globally recognized healthcare professionals.



Congratulations, Dr. Arslan Shahid! 🎉

Rashid Latif Medical College proudly congratulates Dr. Arslan Shahid on successfully clearing all three parts of the MRCP examination — Part A, Part B & PACES. Alhamdulillah, this remarkable achievement reflects his dedication, hard work, and commitment to excellence. He is a GMC-registered doctor, has also cleared FCPS, and is currently serving as a Resident Cardiologist at CMH Lahore.

We wish him continued success and excellence in his medical career.

Rashid Latif Medical College proudly congratulates Dr. Zualbab Afzal (Batch 2022) on successfully passing the USMLE Step 1 Examination! This achievement is a testament to his dedication, hard work, and commitment to excellence in the field of medicine.

We are proud to celebrate this milestone and wish Dr. Zualbab Afzal continued success on his journey toward achieving his professional goals.

Congratulations, Dr. Zualbab! Keep making RLMC proud!



CHAMPIONS OF RLMC

Rashid Latif Medical College proudly congratulates Dr. Yahya Shafiq on successfully passing USMLE Step 1!
This remarkable achievement reflects his dedication, perseverance, and commitment to pursuing excellence in medical education.
We are proud to celebrate this milestone and wish Dr. Yahya Shafiq continued success as he takes the next step toward his medical career in the United States.
Congratulations, Dr. Yahya! Keep striving, keep achieving, and keep making RLMC proud!

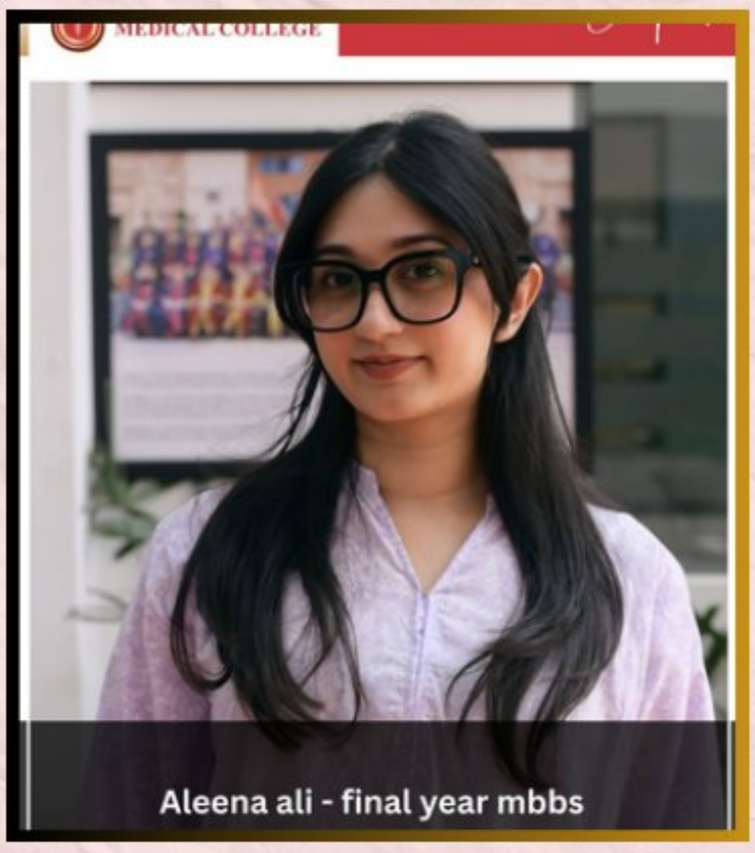




Rashid Latif Medical College (RLMC) proudly congratulates Dr. Misbah Ramzan on successfully passing the FCPS Part II and MCPS examinations.
A remarkable achievement and a proud milestone as she begins her journey as a Consultant Gynaecologist.
Wishing her continued success and excellence in her medical career!

Rashid Latif Medical College (RLMC) proudly congratulates Dr. Vareena on successfully passing the FCPS Part II and MCPS examinations, respectively.
A remarkable achievement as she begins her journey as a Consultant Gynaecologist.
Wishing her continued success and excellence in her medical career!





Heartfelt congratulations to Mishaal Khan and Aleena Ali on successfully clearing USMLE Step 1 at the end of their fourth-year MBBS.
Your dedication, consistency & determination are truly inspiring. Rashid Latif Medical College is proud of your remarkable achievement and wishes you continued success ahead.

ALUMNI CELL RLMC

CELEBRATING EXCELLENCE

Rashid Latif Medical College proudly celebrates the outstanding achievements of its distinguished alumni and faculty members, whose dedication, perseverance, and commitment to excellence continue to bring pride to the institution and inspire future healthcare professionals.



- **Dr. Umair Khalid (Batch 2016–2021) has successfully passed both MRCS Part A and Part B, is GMC registered, has cleared PLAB 1 & PLAB 2, and is currently pursuing General Surgery Training at Arif Memorial Teaching Hospital. He has also been awarded Membership of the Royal College of Surgeons of Edinburgh, marking another significant milestone in his surgical career.**



- **Dr. Usman, an esteemed RLMC alumnus, has successfully cleared the MRCEM UK Primary Examination, completed a Diploma in Diagnostic Medical Ultrasound from CardiffMed Institute, and passed the MD/MS examination. He currently serves as a General Physician and Consultant in Diagnostic Ultrasound at Qureshi Family Clinic while pursuing his goal of specializing in Emergency Medicine abroad.**



- **Dr. Mubashir Ahmad (Batch 2015–2020) continues to excel on the international stage. His accomplishments include passing PLAB 1, SMLE, serving as a General Practitioner in Saudi Arabia, earning certification as a Health Manager in Australia (ANZSCO 134211), and obtaining registration with the Irish Medical Council (IMC). He is currently working as a General Practitioner in Ireland, reflecting remarkable professional growth across global healthcare systems.**



- **Dr. Shahzeena (Batch 2017–2022) has achieved Membership of the Royal College of Surgeons of England (MRCS) after successfully passing MRCS Part A & Part B and FCPS Part I in Surgery. Currently serving as a Medical Officer in Orthopaedics, she aspires to become a highly skilled Orthopaedic Surgeon, exemplifying dedication and excellence in surgical training.**



- **Rashid Latif Medical College proudly congratulates Dr. Arslan Shahid on achieving Membership of the Royal College of Physicians (MRCP). Currently serving as a Resident Cardiologist at CMH Lahore, Dr. Arslan continues to demonstrate excellence, dedication, and commitment to the field of medicine.**

We extend our heartfelt congratulations to all our accomplished alumni and faculty members. Their remarkable achievements embody the values of Rashid Latif Medical College and continue to inspire our students to pursue excellence, embrace lifelong learning, and make meaningful contributions to healthcare both nationally and internationally.

ALUMNI CELL RLMC

INTERNATIONAL CLINICAL EXCELLENCE PROGRAM

A specialized academic session was organized under the RLMC International Clinical Excellence Program, featuring Dr. Musa Ansar, Resident Doctor, Accident & Emergency (A&E), NHS, UK.

The session focused on Diabetic Ketoacidosis (DKA) and provided participants with evidence-based clinical insights into its recognition, diagnosis, assessment, and management. The session incorporated case-based discussions and practical clinical approaches, enabling participants to better understand the challenges involved in managing DKA in emergency and clinical settings.

The session was attended by 4th and Final Year MBBS students, House Officers, and Postgraduate Trainees, providing an opportunity for learners at different stages of clinical training to engage with an international healthcare professional.

The interactive session contributed to strengthening clinical knowledge, enhancing diagnostic and management skills, and promoting evidence-based medical practice among participants.



VICE PRINCIPAL MEETS PIONEER ALUMNI BATCH

Prof. Dr. Mudassar Ali, Vice Principal of RLMC met with the pioneer batch of Rashid Latif Medical College at a dinner gathering, bringing together the founding members of the RLMC alumni community.

The meeting provided an opportunity for meaningful discussions on the establishment of the National Alumni Association, ongoing academic initiatives, and preparations for the upcoming 2nd Alumni Dinner.

The gathering reflected the institution's commitment to strengthening alumni engagement and encouraging continued collaboration between graduates and the college.

Rashid Latif Medical College remains dedicated to fostering lifelong connections with its alumni, celebrating their achievements, and building a strong network that contributes to the continued growth and excellence of the institution.



ALUMNI CELL RLMC

INTERNATIONAL CLINICAL EXCELLENCE PROGRAM

The RLMC International Clinical Excellence Program is a flagship academic initiative that connects medical students and trainees with internationally trained clinicians, providing exposure to evidence-based medicine, case-based learning, and contemporary clinical practice. Through a series of interactive sessions led by experts from the United Kingdom, the program equips future healthcare professionals with the knowledge and skills required for high-quality patient care.



International Facilitators

- Dr. Musa Ansar – Resident Doctor, Accident & Emergency (A&E), NHS, UK
  Topic: Diabetic Ketoacidosis (DKA)
- Dr. Moiz Ud Din – Registrar in Gastroenterology, Queen Alexandra Hospital, UK
  Topic: Gastrointestinal Bleeding: Initial Management
- Dr. Zainab Mansoor – Resident, General Medicine, Ulster Hospital, UK; International Facilitator & Program Director
  Topic: Sepsis
- Dr. Faham – Emergency Medicine Specialist, St George Hospital & East Surrey Hospital, UK
  Topic: COPD Exacerbation
- Dr. A. Ejaz – Clinical Fellow in Emergency Medicine, St Peter's Hospital, UK
  Topic: ABCDE Approach



Through the RLMC International Clinical Excellence Program, Rashid Latif Medical College continues to foster international academic collaboration and provide students, house officers, and postgraduate trainees with valuable learning opportunities that enhance clinical competence, critical thinking, and evidence based decision-making.







ALUMNI CELL RLMC

1ST NATIONAL ALUMNI ELECTIONS

Rashid Latif Medical College (RLMC) is proud to announce the formation of the Election Commission for the 1st National Alumni Elections, scheduled to take place on 23rd August 2026.

The Election Commission will play a vital role in overseeing and coordinating the electoral process, ensuring that all election-related activities are conducted in accordance with established procedures and principles of transparency, fairness, accountability, and integrity.

The Commission will be responsible for facilitating the electoral process, maintaining an impartial environment for all eligible participants, supervising election-related arrangements, and ensuring that the proceedings are conducted in an organized and credible manner.

The establishment of the Election Commission marks an important step toward strengthening the institutional framework of the RLMC Alumni Association and promoting meaningful participation and representation among its alumni community.

RLMC looks forward to a smooth, transparent, and inclusive electoral process and wishes all participating alumni the very best for the upcoming elections.



STUDENT EMPOWERMENT PROGRAM

WORKSHOP ON BASIC LIFE SUPPORT (BLS) (1ST & 2NDYEAR MBBS)

Basic Life Support (BLS) Workshops were scheduled for all First and Second Year MBBS students on 15th May 2026, to be conducted on campus from 08:00 AM to 01:00 PM. The workshop was organized in accordance with UHS guidelines and aimed to equip students with essential life-saving skills and emergency response training. Attendance in the workshop was made mandatory for all First and Second Year MBBS students. Participants were required to attend the complete session and successfully clear both the Pre-Test and Post-Test, with assessment results to be forwarded to the University of Health Sciences (UHS). The workshop reflected the institution's commitment to strengthening clinical preparedness and ensuring compliance with national medical education standards.















STUDENT EMPOWERMENT PROGRAM

RLMC NATIONAL ELECTIVES

RLMC students have actively participated in elective rotations at leading healthcare institutions across Pakistan, gaining practical experience under the mentorship of distinguished clinicians and healthcare professionals.

The Indus Hospital, Lahore Fourth Year MBBS student Fatima Zubair successfully completed a two-week elective rotation in the Departments of Family Medicine and Plastic Surgery under the supervision of Dr. Wajeeha and Dr. Waqar. The rotation provided valuable experience in patient care, outpatient services, surgical procedures, and clinical decision-making.



Pink Ribbon Pakistan
Third and Fourth Year MBBS students completed an elective focused on breast cancer awareness, early detection, patient advocacy, and community outreach. This experience enhanced their understanding of preventive healthcare while reinforcing the principles of compassionate, patient-centered care. RLMC extends its sincere appreciation to the Pink Ribbon Pakistan team for their mentorship and support.



Shaukat Khanum Memorial Cancer Hospital & Research Centre, Lahore Fourth Year MBBS student Guleharam completed an elective rotation in the Department of Surgical Oncology under the supervision of Dr. Raza Husnain Taswar and Dr. Abdullah (Head & Neck Surgeons). The rotation provided extensive exposure to head and neck cancer surgeries, operating theatre protocols, outpatient clinics, and modern surgical oncology techniques.

Chughtai Lab
RLMC MBBS students gained valuable exposure to laboratory medicine and advanced diagnostic practices through an elective rotation at Chughtai Lab. The experience strengthened their understanding of diagnostic sciences and highlighted the vital role of laboratory medicine in delivering quality patient care. These national electives reflect RLMC's commitment to bridging classroom learning with real-world clinical practice while fostering excellence in patient care.





STUDENT EMPOWERMENT PROGRAM

RLMC INTERNATIONAL ELECTIVES



RLMC also provides opportunities for international clinical exposure, enabling students to experience advanced healthcare systems and develop a global perspective on medical practice.

Saint Francis Hospital, Chicago, USA Students from Third Year to Final Year MBBS successfully completed elective rotations in the Department of Cardiology at Saint Francis Hospital, Chicago. This international experience provided invaluable exposure to advanced cardiovascular care, enhanced their clinical knowledge, broadened their global outlook, and reinforced their commitment to excellence in patient care.

Through the RLMC Student Empowerment Program, students continue to benefit from diverse elective opportunities that promote clinical competence, research exposure, professional development, leadership, and lifelong learning.

These experiences reflect Rashid Latif Medical College's unwavering commitment to nurturing future healthcare professionals capable of serving communities with knowledge, skill, and compassion.





As part of the RLMC Student Empowerment Program, Rashid Latif Medical College is committed to providing students with meaningful and structured clinical elective opportunities that complement their academic and clinical training. These electives enable students to gain hands-on experience, observe diverse clinical practices, and develop a broader understanding of healthcare delivery in different settings.

Through national and international elective rotations, students are encouraged to engage with different healthcare systems, interact with multidisciplinary teams, and experience varied approaches to patient care. These opportunities help strengthen their clinical knowledge, practical skills, communication, professionalism, and adaptability while exposing them to new academic and healthcare environments.

The program also promotes independent learning, cultural awareness, professional networking, and academic development, enabling students to make informed career choices and build confidence in their future professional roles. By facilitating exposure beyond the conventional classroom and hospital environment, RLMC aims to prepare graduates who are competent, compassionate, adaptable, and globally minded healthcare professionals, capable of contributing effectively to healthcare locally and internationally.

DRAMATICS & CINEMATIC SOCIETY RLMC

PARTICIPATING IN 3RD INTERNATIONAL STUCON 2026

The Dramatic and Cinematic Society (ADCAS) presented an engaging performance at the 3rd International StuCon 2026, bringing the theme "Plot Twist" to life through dramatic role-play, cinematic storytelling and an energetic Bhangra performance.

The presentation featured students portraying different characters and unfolding a captivating storyline filled with unexpected turns.

The dramatic sequence eventually transformed into a lively Bhangra performance, creating an exciting and memorable moment for the audience. Through creative acting, coordinated choreography and confident stage presence, the society showcased the students' talent, teamwork and creativity.

The performance added a vibrant cultural and theatrical dimension to StuCon 2026 and was warmly received by the audience.



MUSIC SOCIETY RLMC

Music Festival 2026

The RLMC Music Fest brought together rhythm, energy, and unforgettable performances in a vibrant celebration of talent and creativity. From soulful melodies to electrifying acts, the event created moments that will be cherished for years to come.

A heartfelt thank you to everyone who participated, performed, and supported in making this festival a truly memorable experience.















RLMC ADVENTURE CLUB

EXPEDITION TO HUNZA & NALTAR

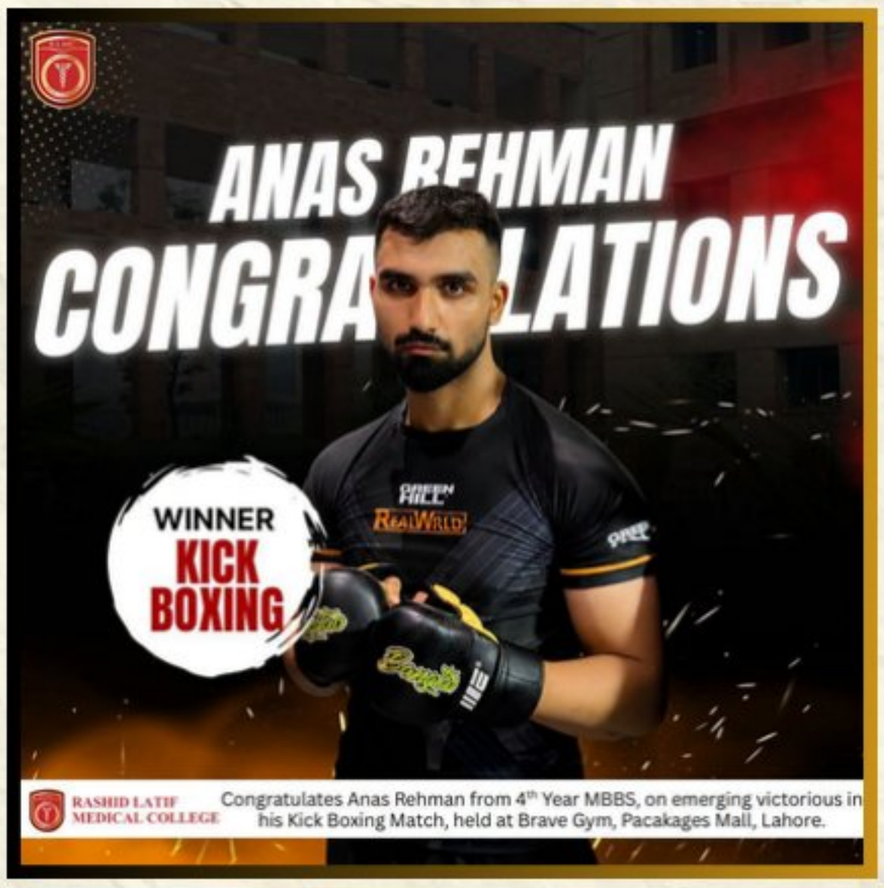
The Rashid Latif Medical College Adventure Club organized an unforgettable expedition to the breathtaking valleys of Hunza and Naltar, offering students an opportunity to step beyond the classroom and experience the beauty of Pakistan's northern landscapes.

Amidst towering mountains, pristine lakes, and scenic valleys, students enjoyed a journey filled with adventure, camaraderie, and personal growth. The trip provided a welcome respite from the demands of academic life while fostering teamwork, resilience, and lasting friendships.

Beyond exploring nature, the expedition encouraged students to develop a deeper appreciation for balance, wellbeing, and experiential learning. Such initiatives reflect RLMC's commitment to promoting holistic development by nurturing not only academic excellence but also personal growth, leadership, and a spirit of exploration.







RLMC's very own Anas Rehman (4th Year MBBS) stepped into the ring at Brave Gym, Packages Mall Lahore, and emerged victorious in his kickboxing bout.

Balancing the demands of medical school with his passion for combat sports, Anas proves that future doctors can chase their dreams both inside and outside the classroom.

INAUGURAL OF SIDE QUEST (NEW COFFEE SHOP)

A NEW COFFEE EXPERIENCE OPENS AT RLMC

A new chapter in campus life begins as a specialty coffee shop officially opened its doors today at Rashid Latif Medical College (RLMC), bringing a fresh and inviting coffee experience to the college community.



Featuring a carefully curated selection of specialty coffees, unique flavors, and refreshing beverages, the new coffee shop offers students, faculty, staff, and visitors a welcoming space to relax, recharge, and enjoy quality coffee between their academic and professional commitments.

With its focus on distinctive flavors, quality, and a contemporary café experience, the new addition is set to become a vibrant gathering spot within the RLMC campus.

We warmly welcome the new coffee shop to RLMC and look forward to seeing it become a favorite destination for the college community.



















BLOOD DONATION DRIVE

On 22nd August, VFAHT × RLMC came together to support the Blood Donation Drive, promoting the importance of voluntary blood donation and community service.

The dedicated team worked enthusiastically throughout the event, organizing engaging games, activities, and fundraising initiatives to encourage participation and raise funds in support of the cause. Their efforts created a lively and meaningful environment while contributing to a greater mission of helping those in need.

The event was not only an opportunity to raise awareness about the importance of donating blood but also demonstrated the power of student engagement, teamwork, compassion, and collective action in serving the community.

A heartfelt thank you to every donor who stepped forward and donated blood. Your generosity can make a meaningful difference in the lives of patients and families who depend on timely access to safe blood.

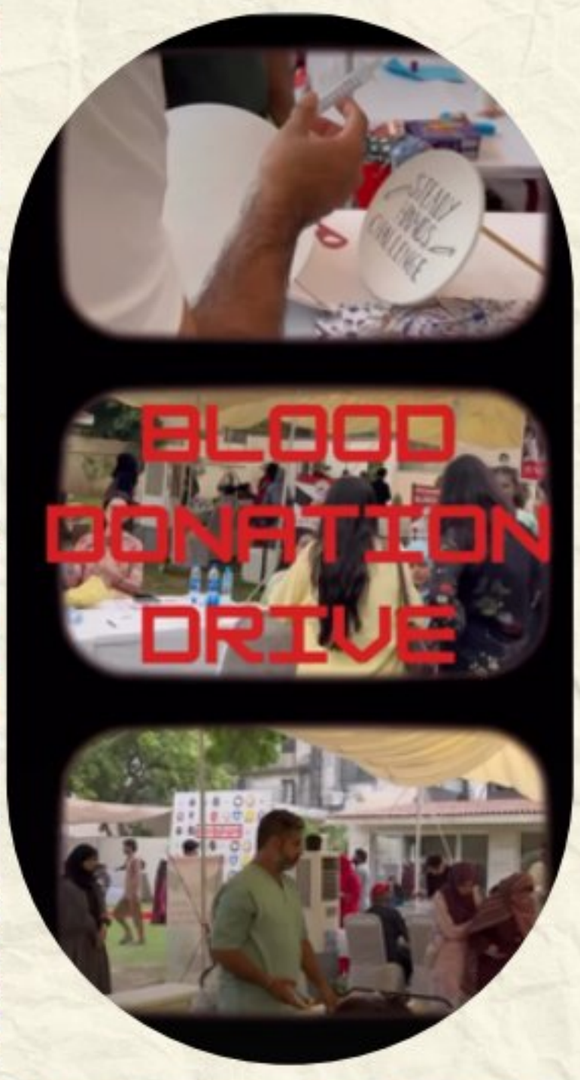
We also appreciate everyone who participated in the activities, supported the fundraising efforts, and contributed to making the drive a success.

One donation can help save lives. Together, we can make a difference.

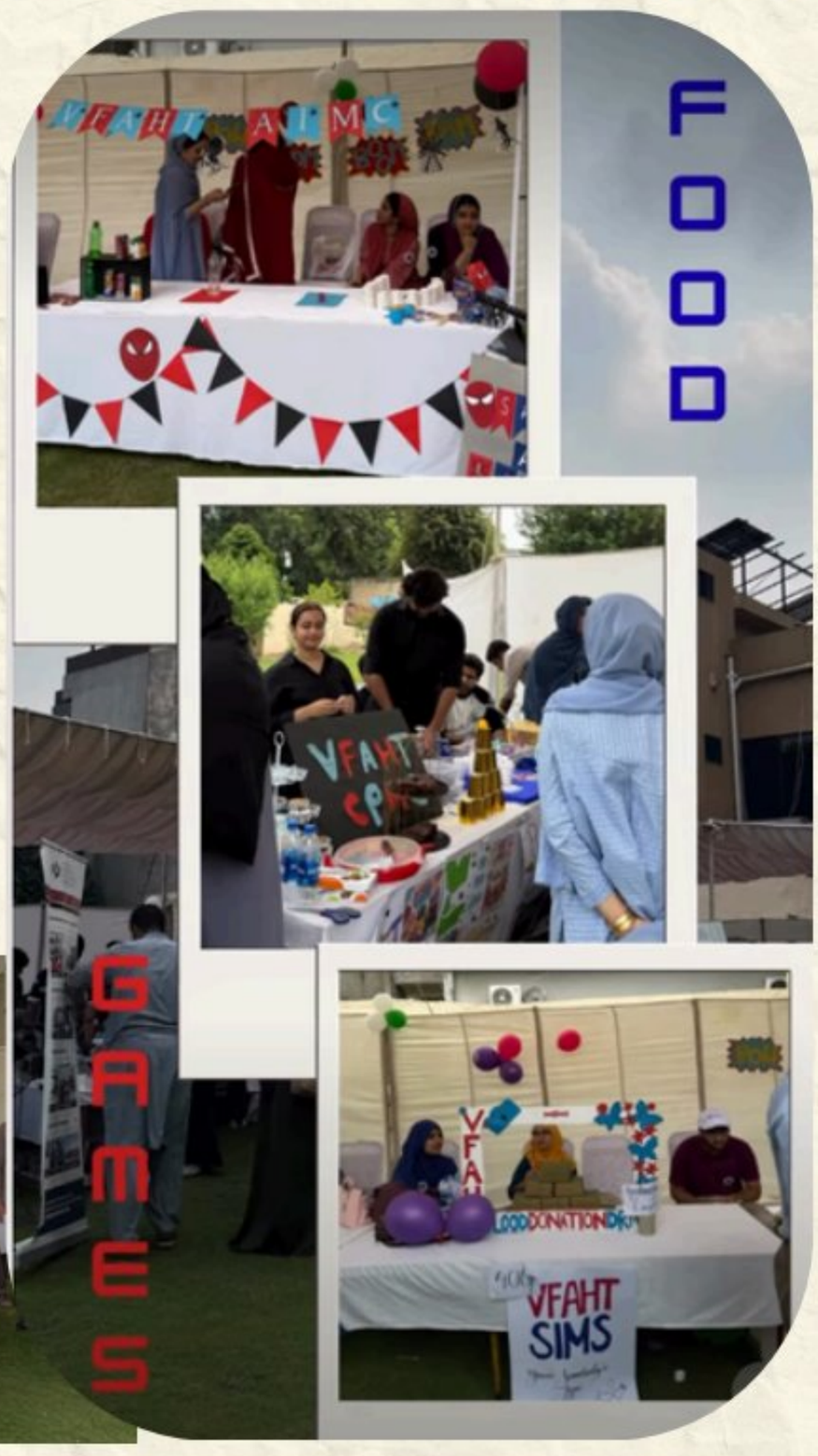
















RLMC STATICE HEALTH SOCIETY

BINTE FATIMA OLD AGE HOME

On Saturday, 22nd August, the Statice Health RLMC team, along with our wonderful volunteers, spent an afternoon at Binte Fatima Old Age Home.

This time, we decided to do something a little different — stepping away from the usual health awareness activities and focusing on something just as important: healthy ageing, mental well-being, and human connection.

Ageing is not only about taking care of physical health. It is also about feeling heard, valued, remembered, and connected. Simple conversations, shared laughter, music, and moments of companionship can make a meaningful difference in an older person's emotional well-being.

Through this visit, we hoped to create a space where the mothers could feel celebrated and cared for, while reminding ourselves that caring for our elders goes far beyond medical needs. Their stories, experiences, and presence deserve our time, respect, and attention. A few hours of our time, a lot of smiles, and countless moments we'll carry with us.

Visit our website today to start your own branch and make an impact on your community!









